

GREAT BEND REC

ACTIVITY GUIDE



FALL 2023

REGISTER: SEPT. 18

75
Years
EST. 1948

LIVE PLAY EXPLORE



GREAT BEND
: REC

CONTENTS

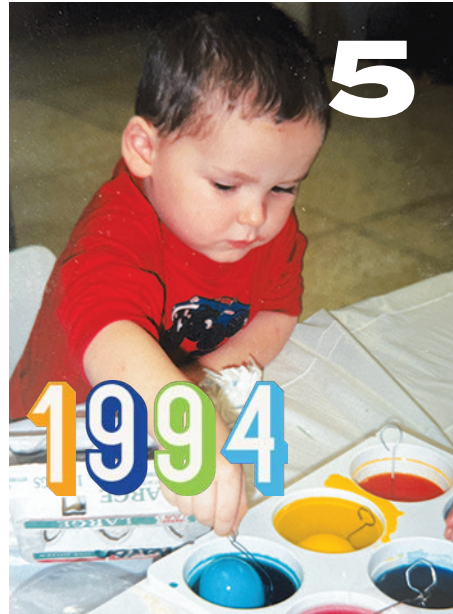
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CODE KEY:

REC	Recreation Center, 1214 Stone
ACT	Activity Center, 2715 18th
C/A	City Auditorium, 1223 Williams
ZOO	Great Bend Zoo, 2123 Main
BRIT	Brit Spaugh Park, 2123 Main
SRCTR	GB Senior Center, 2005 Kansas
JEFF	Jefferson Elem., 2716 24th
LIN	Lincoln Elem., 5630 Broadway
EISEN	Eisenhower Elem., 1212 Garfield
PRK	Park Elementary, 1801 Williams
TENNIS	Schartz Tennis Courts, 17th St. Terr.
WEST	Westfall Ballfield, 1212 Garfield
WET	Wetlands Aquatic Park, 2123 Main
WAL	Walnut Bowl, 3101 Washington
STO	Stoneridge Golf Course, 1438 24th
LANG	Langrehr BallField, 41 McKinley
GBSC	GB Sports Complex, 41 McKinley
VETS	Veterans Park, 17th St. Terr.
KWEC	KS Wetlands Ed. Ctr, 592 NE 156
EXTOF	Cottonwood Extension, 3700 10th



WAYS TO REGISTER

ONLINE at www.greatbendrec.com

IN-PERSON at 1214 Stone Street

CALL IN at (620) 793-3755

OFFICE HOURS M-F 8:30 AM - 5:00 PM

COMMISSIONERS

Dr. Teri Turkle Huslig

Colleen Newman

Sue Cooper

Dr. Jonathan Pike

Randy Goering

ADMINISTRATION

Chris Umphres, Executive Director & Superintendent

Garet Fitzpatrick, Enrichment & Activity Center Director

Megan Hammeke, Aquatic, Enrichment & Marketing Director

Vandy Simpson, Accounting Director

Joe Henry, Business Director

RECREATION STAFF

Paul Zamarripa, Asst. Adult Sports Director

Aaron Fuller, Asst. Youth Sports Director

LeaAnn Leroy, Enrollment/Customer Service Specialist

Shane Sandberg, Maintenance & Custodian

PG2 GBRC 620.793.3755

GBRC MISSION STATEMENT

The Great Bend Recreation Commission is a public supported agency serving the citizens of USD#428. We are dedicated to providing quality leisure, cultural, sports, fitness and educational programs to improve your quality of life and the community.



Recreation & Parks are wondrous places to **PLAY, LEARN and EXPLORE**. Peaceful retreats from the pace and pressures of everyday life, they bring us family gatherings, ball games, wellness programs, afterschool programs, long walks and wildlife waiting to be discovered. To ensure our recreation programs, recreation centers, and public outdoor spaces inspire generations to come, we need your help. Support our local Recreation Commission, call 620.793.3755.

Great Bend Recreation Commission Foundation

501C (3) Non-Profit Organization, Dr. Teri Turkle Huslig, President

POLICY & PROCEDURES



620-792-3214

View online, sign up for alerts, or text messages. Use the free app in the App Store!

CONTACT US



Rec Office
1214 Stone Street



620.793.3755
620.792.3838 (fax)



greatbendrec.com



Great Bend Rec
PO Box 353
GB, KS 67530



Follow us on:
Facebook
Instagram
Youtube



Scholarships Residents of USD#428 school district meeting certain guidelines may be eligible for scholarship assistance for their children ages 15 and younger. If approved, scholarship funds cover 50% of the program fee and applicants are asked to pay the remaining balance. Some activities are exempt from the scholarship program. Application forms must be submitted 5 business days prior to registering at GBRec Office. Recipients must attend 75% of activity. T-shirt fee not covered by scholarships.

Registrations & Cancellations We ask you to register at least (4) four business days prior to start dates to prevent cancellations due to low enrollment. Fees are due at the time of registration. We reserve the right to cancel, combine, or divide activities based upon enrollment. Information is subject to change regarding times, dates, locations and instructors. Check our website & Facebook for updates.

Refunds Refund requests must be made 24 hours prior to the scheduled starting date of the activity. Refunds not granted after that time. No pro-rated refunds. There is a \$5.00 service charge on all refunds. T-shirt cost will be reduced from the activity fee if applicable. No refunds on Wellness memberships and trips. Team fees refunds will be allowed if request is made prior to the registration deadline.

Wait List If class or team has met its maximum enrollment, patrons have the option to add a name to the wait list. Should a spot open, you will be contacted. Patrons cannot be enrolled in a program and be on a waitlist for another session of the same program.

Photography/Video Great Bend Rec reserves the right to use all photographs and video of participants for promotional purposes, including print, digital, and social media promotions.

Lost & Found Items of value are kept for one (1) month and then donated to a local, non-profit agency. Water bottles are not kept.

Class Attendance Sorry, children are not allowed to attend classes with their parents. Siblings of class participants are not permitted in teaching areas.

For Your Convenience We accept Visa, Mastercard, Discover.

Connect with us on Social Check out our Facebook, Instagram, or Youtube Channel.

Fall Registration Begins September 18, 2023 at the GreatBend Rec Office located at 1214 Stone Street. Hours: 8:30 AM to 5:00 PM Monday-Friday



ALL AGES
Children must be accompanied by one adult

MORNING AT MY BACKYARD PLAYGROUND

Load up the kids and enjoy the My BackYard Playground. The Rec will have activities set up and special handouts while supplies last. If inclement weather should arise, the event will be moved inside. This is a free drop-in program that will run from 9:30 - 11:00 AM on September 6th, September 20th, & October 4th.

IMAGINATION PLAYGROUND

Let your little one's imagination go wild. This free drop-in activity is recommended for children ages 2 and older. The playground will be set up at the Activity Center from 9:30 - 11:00 AM on the first and third Wednesdays: October 18th, November 1st, 15th, December 6th, 20th & January 3rd, 17th.

STORYWALK ADVENTURES

Join the K-State Research and Extension - Cottonwood District, at the Activity Center for these StoryWalk adventures. StoryWalks are books that will be displayed on white boards as children walk in the area surrounding the My BackYard Playground. This program targets pre-school age children with their parents or caregivers. StoryWalks is a free drop-in program that will be held between 10:00 - 11:30 AM. These walks will be held on: September 20th, October 18th, November 15th.

LITTLE CRITTER DAY

Meet us at the Great Bend-Brit Spough Zoo and learn all about different animals. Zoo staff will show us some of the fun animals they have at the zoo.
Instructors: Great Bend-Brit Spough Zoo Staff & Cindy Warner-Dayton
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309006A	3-5yrs	10/3	T	10:00-11am	ZOO

TODDLER ART

A fun introductory class in creativity! Preschoolers will create a variety of art projects. Assist your child in discovering their talents.
Instructor: Cindy Warner-Dayton
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304333A	2-3yrs	10/4-10/25	W	9:30-10:15am	REC

SATURDAY MORNING CRAFTS

Join us on Saturday mornings and enjoy some family time creating different craft projects each month.
Instructor: Karen Clark
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309006B	4-10yrs	10/7	SA	9:30-10:30am	REC
#309006C	4-10yrs	11/11	SA	9:30-10:30am	REC
#309006D	4-10yrs	12/16	SA	9:30-10:30am	REC

MOMMY AND ME HALLOWEEN PAINTING

Are you looking for a fun evening to spend with that special child? Join us to create this Halloween project together.
Instructor: Margaret Bartholomew
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309006E	4-10yrs	10/9	M	6:30-7:30pm	REC

HALLOWEEN TREATS

Join us and cook up some Halloween treats. No scholarships are available for this program.
Instructor: Cindy Warner-Dayton
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304326A	2-5yrs	10/17	T	9:30-10:30am	REC

PAINTING PUMPKINS WITH DAD

Spend time painting a pumpkin for Halloween with that special child in your life.
Instructor: Cindy Warner-Dayton
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309006F	3-5yrs	10/23	M	6:30-7:30pm	REC

CHRISTMAS GOODIES

Spend quality time with your little one making some Christmas goodies together. No scholarships are available for this program.
Instructor: Cindy Warner-Dayton
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304326B	2-5yrs	12/8	F	9:30-10:30am	REC

MOMMY AND ME CHRISTMAS GIFT

Help your child make a special Christmas gift for someone this year. Children must be accompanied by at least one adult.
Instructor: Margaret Bartholomew
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309006G	4-10yrs	12/14	TH	6:30-7:30pm	REC

CHRISTMAS BREAK IMAGINATION PLAYGROUND

The Imagination Playground will be set out at the Activity Center over Christmas Break on Wednesday, December 27th, from 9:30 - 11:30 AM and 1:00 - 3:00 PM. This will be a great time to get out of the house and let your child's imagination go wild. This free drop-in activity is recommended for children ages 2 and older.



PARENT/CHILD

THE GREAT JACK-O-LANTERN PATCH

It's always fun to see all the creative pumpkins everyone decorates for Halloween. The Rec wants to help you show off your Jack-O-Lantern this Halloween with the Great Facebook Jack-O-Lantern Patch. On Thursday, October 26th, we will post a Great Jack-O-Lantern Patch post on our Facebook page. Share a photo of your 2023 pumpkin in the comment section. We will randomly pick 3 entries that will receive a Halloween package. For your photo to be eligible to be entered in the drawing, your photo must be entered by Noon on Monday, October 30th. Winners will be contacted by November 3rd.

SNOW SCULPTURES WANTED

The GBRC would like you to share all the hard work you put into your Snow Sculpture on our Facebook page. After a snow, be watching our Facebook page for the Snow Sculpture Post and then simply take a photo of your 2023/24 snow sculpture and share it in the comment section. On the first of April we will randomly pick 3 entries out of all the entries that will receive a gift package from the Great Bend Rec.

SANTA'S WORKSHOP

DECEMBER 4th
6:00 - 8:00 PM
CITY AUDITORIUM

Join Santa Claus for an evening of
holiday fun!
Bring your letter for Santa.
Admission is Free.



PRESCHOOL

AGES 3-5 YRS

**For a positive Rec Experience,
all children must be potty trained to enroll.**

PRESCHOOL EXPRESS

All aboard! Creativity is fun on the Preschool Express. Your child will create a variety of art projects and holiday crafts. Come see what is just around the bend.

Instructor: Hillary King

Fee: \$15.00

Code:	Age:	Date:	Day:	Time:	Place:
#304333B	4-5yrs	10/4-11/1	W	3:45-5pm	REC

JR ALL-STAR

During this class, your child will experience fitness, sports, and other action-packed games and activities. These activities will include basic motor skills such as throwing, catching, shooting, kicking and more. Make sure your All-Star wears appropriate clothing for active play.

Instructor: Kelly Calcara

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304322A	3-5yrs	10/5-10/26	TH	9:00-10am	ACTCTR

MOVIN & GROOVIN WITH MUSIC

Participants will explore the world of music, movement, and rhythm of motion. Kids will make music, sing songs and dance while playing instruments in this grooving class.

Instructor: Debbie Koch

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304322B	3-5yrs	11/7-11/28	T	9:00-10am	ACTCTR

SANTA ELVES

We will be busy as an elf preparing a special Christmas present for mom or dad.

Instructor: Hillary King

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309007A	3-5yrs	12/6	W	3:45-5pm	REC



2004

YOUTH

AGES 5-12 ENRICHMENT

AFTER SCHOOL ARTS & CRAFTS AT PARK

Join us after school at Park for some arts & crafts. Each week will be full of different art and craft projects that may include ceramics, painting, cartooning, special holiday projects, drawing, and more.
Instructor: Trisha Ryff
Fee: \$15.00

Code:	Grades:	Date:	Day:	Time:	Place:
#304311A	K - 6	10/2-10/5	MTWTH	3:30-5pm	PRK
#304311B	K - 6	10/10-10/12	TWTH	3:30-5pm	PRK
#304311C	K - 6	10/16-10/19	MTWTH	3:30-5pm	PRK
#304311D	K - 6	10/30-11/2	MTWTH	3:30-5pm	PRK
#304311E	K - 6	11/6-11/9	MTWTH	3:30-5pm	PRK
#304311F	K - 6	11/13-11/16	MTWTH	3:30-5pm	PRK
#304311G	K - 6	11/27-11/30	MTWTH	3:30-5pm	PRK

CARTOONING & SKETCHING

Let's have some fun creating cartoon characters during this class. This class is also a great class if you just enjoy drawing and doodling. No class October 9 and 23.
Instructor: Linda Pearson
Fee: \$15.00

Code:	Grade:	Date:	Day:	Time:	Place:
#304311H	K - 6	10/2-11/13	M	3:30-5pm	JEFF

ART STUDIO

Join your friends after school in the Art Studio to create awesome artwork. This class may also offer seasonal crafts, painting, holiday themed projects and more.
No class October 24 and 25.
Instructor: Cindy Warner-Dayton (Lincoln & Eisenhower)
Instructor: Sienna Cauley (Jefferson)
Fee: \$15.00

Code:	Grade:	Date:	Day:	Time:	Place:
#304311I	K - 6	10/3-11/14	T	3:30-5pm	LIN
#304311J	K - 6	10/4-11/15	W	3:30-5pm	EISEN
#304311K	K - 6	10/4-11/15	W	3:30-5pm	JEFF

KIDS COOKIN

Top Chefs are going to be learning how to make simple and fun recipes. Partial scholarship available.
No class October 10, 31 and November 7.
Instructor: Linda Pearson
Fee: \$15.00

Code:	Grade:	Date:	Day:	Time:	Place:
#304326C	1 - 6	10/3-11/21	T	3:45-5:15pm	REC

FOOTBALL GAME DAY

Get ready to cheer on your favorite football team with this football craft.
Instructor: Sienna Cauley
Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007B	K - 6	10/2	M	3:30-5pm	EISEN
#309007C	K - 6	10/3	T	3:30-5pm	JEFF
#309007D	K - 6	10/5	TH	3:30-5pm	LIN

CERAMICS & CRAFTS

Don't miss out on this popular ceramic class. We have fun projects picked out just for you. Students will also enjoy making some general crafts. No class October 25 and 26.
Instructor: Michelle Elliott (Lincoln)
Instructor: TBA (Eisenhower)
Fee: \$15.00

Code:	Grade:	Date:	Day:	Time:	Place:
#304319A	K - 6	10/4-11/15	W	3:30-5pm	LIN
#304319B	K - 6	10/5-11/16	TH	3:30-5pm	EISEN

FUN FRANKENSTEIN

What would Halloween be without a Frankenstein?
Not sure but this year is not the year to find out, so join us and paint a fun Frankenstein to add to your Halloween decorations.
Instructor: Sienna Cauley
Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007E	K - 6	10/10	T	3:30-5pm	JEFF
#309007F	K - 6	10/12	TH	3:30-5pm	LIN

WITCHY PUMPKIN

This fun Halloween project will be a Witchy addition to your Halloween decorations.
Instructor: Sienna Cauley
Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007G	K - 6	10/16	M	3:30-5pm	EISEN
#309007H	K - 6	10/17	T	3:30-5pm	JEFF
#309007I	K - 6	10/19	TH	3:30-5pm	LIN

PAINT'N PUMPKINS AT THE REC

Pick out your pumpkin, paint a funny face and have your own Halloween Jack-O-Lantern.
Instructor: Cindy Warner-Dayton (23)
Instructor: Sienna Cauley (24)
Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007J	K - 6	10/23	M	3:45-5pm	REC
#309007K	K - 6	10/24	T	3:45-5pm	REC



LIVE PLAY EXPLORE





YOUTH

OH MY PIG

OH MY PIG...This is just going to be a silly class where you're going to be painting this fun pig wearing boots and a ribbon to make it look as silly as you want.

Instructor: Sienna Cauley

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007L	K - 6	10/30	M	3:30-5pm	EISEN
#309007M	K - 6	11/2	TH	3:30-5pm	LIN

FALL PUMPKIN PATCH

Paint a fall pumpkin patch scene to take home.

Instructor: Sienna Cauley

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007N	K - 6	11/6	M	3:30-5pm	EISEN
#309007O	K - 6	11/7	T	3:30-5pm	JEFF
#309007P	K - 6	11/9	TH	3:30-5pm	LIN

KWEC POWER OF WIND

Students will study alternative types of sustainable energy, specifically looking at wind as a source. Students will use the engineering design process to build and test their own turbine blade to try to register as much voltage output as possible. In a competitive setting, students will tweak their creations until they meet the challenge.

Instructor: Mandy Kern, KWEC Program Specialist

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007Q	K - 6	11/13	M	3:30-5pm	EISEN
#309007R	K - 6	11/14	T	3:30-5pm	JEFF
#309007S	K - 6	11/16	TH	3:30-5pm	LIN

DECK THE HALLS

Surprise everyone with these Christmas decorations!

No class December 4.

Instructor: Sienna Cauley & Cindy Warner-Dayton (Jefferson)

Instructor: Linda Pearson (Lincoln)

Instructor: Sienna Cauley (Eisenhower)

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#304311L	K - 6	11/27-11/29	MTW	3:30-5pm	JEFF
#304311M	K - 6	11/27-12/5	MT	3:30-5pm	LIN
#304311N	K - 6	11/28-11/30	TWTH	3:30-5pm	EISEN

SANTA ELVES

We will be busy little elves preparing a gift for someone this Christmas.

Instructor: Sienna Cauley (Jefferson & Eisenhower)

Instructor: Linda Pearson (Lincoln)

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007T	K - 6	12/5	T	3:30-5pm	JEFF
#309007U	K - 6	12/7	TH	3:30-5pm	EISEN
#309007V	K - 6	12/11	M	3:30-5pm	LIN

CHRISTMAS CANVAS

This Christmas canvas painting would make a great gift for a teacher, grandparent, or friend. Who knows, you may want to keep it for yourself.

Instructor: Linda Pearson

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007W	1 - 6	12/12	T	3:45-5pm	REC

AGES 2-12

COOKING

If your child has a food allergy, please let us know at the time of enrollment.

HALLOWEEN TREATS

Join us and cook up some Halloween treats. No scholarships are available for this program. An adult must accompany children.

Instructor: Cindy Warner-Dayton

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304326A	2-5yrs	10/17	T	9:30-10:30am	REC

CHRISTMAS GOODIES

Spend quality time with your little one making some Christmas goodies together. Children must be accompanied by at least one adult. No scholarships are available for this program.

Instructor: Cindy Warner-Dayton

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304326B	2-5yrs	12/8	F	9:30-10:30am	REC

KIDS COOKIN

Top Chefs are going to be learning how to make simple and fun recipes. Partial scholarship available.

No class October 10, 31 and November 7.

Instructor: Linda Pearson

Fee: \$15.00

Code:	Grade:	Date:	Day:	Time:	Place:
#304326C	1 - 6	10/3-11/21	T	3:45-5:15pm	REC





YOUTH

AGES 5-12 NATURE

FISHING INSTEAD OF WISHING!

Do you enjoy fishing, but don't have the equipment? Stop by the Rec and check out a fishing pole and a tackle box. This program is sponsored by the Great Bend Rotary Club.

BUTTERFLY FESTIVAL

The Kansas Wetlands Education Center will celebrate the annual Monarch butterfly fall migration with a butterfly festival on September 23rd, from 9:00 AM - 12:30 PM, where participants immerse themselves in all things butterfly and can capture and tag monarch butterflies. Enjoy the magic of butterflies with magicians Steve Craig and Amy Short as they mix humor and magic to tell the butterfly's life cycle in the show "Butterfly Magic". At this free event, crafts and activities for kids are planned in addition to an insect zoo, a live bee exhibit and more. Tags and nets will be provided along with instructions on how to tag and record data about captured monarchs. The tagging project is an ongoing research project through the University of Kansas Monarch Watch. For more information, contact the KVEC at 1-877-243-9268.

GREAT OUTDOOR PHOTO CONTEST

Kansas has some beautiful scenery and wildlife that many of you enjoy during the fall. We would like to show off some of your favorite photos you take while you're outdoors this fall. These photos may include: sunsets, sunrises, wildlife, bird dogs in the field, scenery, & Cheyenne Bottoms. We ask for these photos to be taken during the months of September, October, and November 2023. To enter your photo, the Rec will post a Great Outdoor Photo Facebook post on Monday, November 27th, that you will need to post your photo in the comment section. For your photo to be eligible for the contest, your photo must be entered by Noon on Thursday, November 30th. Judging will take place by staff from No Limits Kennels, LLC. with the winning entry receiving a \$50.00 Chamber Gift Certificate donated by No Limits Kennels, LLC. We will also award a gift package for the 2nd and 3rd place finishers. Winners will be contacted the week of December 11th.

KANSAS HUNTER EDUCATION COURSE INTERNET - ASSISTED

We will be offering two different classes with the first one being held on Saturday, September 30th, and the second class being held on Saturday, October 14th. Participants only have to attend one of the classes. Both classes will meet from 8:00 am – 2:00 pm for students 11 and older at the Great Bend Police Training Facility (995 K Ave.). Students must pre-register for this course at www.safehunters.com (registration opens September 1st) before completing the no-cost on-line course at www.ksoutdoors.com. Students are required to bring their results from the chapter quizzes that they will take off this site. Students must print the "completion certificate" after completing the on-line course work and turn it into the instructor at the start of the Field Day class. The on-line course work could take up to 5 hours or longer to complete depending on the student's reading comprehension skills. Classes are limited to 21 participants. Students will be tested over the on-line course materials. A pre-test will be administered at the beginning of Field Day. A passing score of 22 correct answers out of 25 questions is required to proceed with the rest of the course. If a student does not pass this test, they will NOT be allowed to continue the class. For more Hunter Education information, age requirements and other details, go to www.ksoutdoors.com. Pheasants Forever will provide a light lunch for students. Tim Boxberger will be the lead instructor along with other certified Kansas Hunter Education instructors.

KVEC HOLIDAY OPEN HOUSE

Join the staff of the Kansas Wetlands Education Center in celebrating the Christmas season Cheyenne Bottoms style, with a Holiday Open House from 9:00 am to Noon on Saturday, December 2nd. Festive crafts, activities and gift store promotions all take place during the event. Christmas cookies, breads and warm beverages will be served to jumpstart your Christmas cheer. All events are free and open to the public. For more information, call 877-243-9268 or visit wetlandcenter.fhsu.edu.

AGES 5-12 SCIENCE & TECHNOLOGY

KVEC POWER OF WIND

Students will study alternative types of sustainable energy, specifically looking at wind as a source. Students will use the engineering design process to build and test their own turbine blade to try to register as much voltage output as possible. In a competitive setting, students will tweak their creations until they meet the challenge.

Instructor: Mandy Kern, KVEC Program Specialist

Enrollment: Max. 12

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007Q	K - 6	11/13	M	3:30-5pm	EISEN
#309007R	K - 6	11/14	T	3:30-5pm	JEFF
#309007S	K - 6	11/16	TH	3:30-5pm	LIN





2008

YOUTH

AGES 6-15

DAY CAMPS

Students will be bused by USD 428, complete a transportation form upon registration for camp programs.

BABYSITTING 101

This course gives participants the knowledge, skills, and confidence to care for toddlers through school-aged children. Topics include safety issues, preventing injuries and illness, basic childcare, and age-appropriate activities to do with children. Students will also learn how to make a snack for kids. Pre-registration is required by October 3rd. Participants must be 11 by the class date. This class will be held at the Cottonwood Extension District Office.

Instructors: Michelle Beran, Cottonwood Extension District 4-H & Youth Development Agent, & Margaret Bartholomew

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007X	5 - 9	10/9	M	1:00-5pm	EXTOF

HALLOWEEN AT THE WETLANDS

The spooky animals of Halloween often get a bad rap. From owls, snakes, bats, and spiders, let KWEC take you from Eww to Cool as you learn about each of these critters. We'll do a hands-on activity centered around each animal including dissecting owl pellets to figuring out what the owl ate for lunch! If weather conditions allow, some time will be spent outside on the KWEC nature trail. Then it's back to the GB Rec Activity Center for pizza. The afternoon will be spent at the Activity Center doing crafts and other organized activities.

Deadline to enroll is Tuesday, October 17th.

Partial scholarships are available.

Instructors: Mandy Kern, KWEC Program Specialist, & Michelle Elliott

Fee: \$15.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309008A	1 - 6	10/20	F	9am-4pm	ACTCTR

BCC STEM

We have a STEM of a morning awaiting you at Barton Community College. Staff from the STEM Department have a number of fun activities planned. Afterwards we'll head back to the Activity Center for an afternoon full of crafts and other organized activities. Participants will enjoy pizza for lunch.

Deadline to enroll is Tuesday, October 24th.

Partial scholarships are available.

Instructors: Ms. Charlotte Cates, BCC, & Michelle Elliott

Fee: \$15.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309008B	1 - 6	10/27	F	9am-4pm	ACTCTR

HALF A DAY OF SPOOKY CRAFTS

Join us for an afternoon of making some fun Halloween crafts. The afternoon will also include a yummy snack.

Instructor: Cindy Warner-Dayton

Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007Y	1 - 6	10/26	TH	1:00-5pm	ACTCTR

1948

Majority of Great Bend Citizens vote "yes" to establish Recreation Center (April)

1949

First Great Bend Rec Commission board meeting takes place (August)

Carl Soden becomes 1st Great Bend Recreation Director

1949-1969

Recreation Commission operates out of the old City Library building

1967

Silver & Gold Club Begins (Senior Programming)

1968

Carl Soden Building addition was added to the City Auditorium

1976

GBRC plays host site for Pro Westling shows

1981

2nd Addition to Carl Soden Building added

Carl Soden retires (1st GBRC Director)

1987

Rec Center becomes Red Cross Headquarters for disaster relief team during the flood

Silver & Gold Club celebrates 20 years

1989

Bathrooms added to the City Auditorium



YOUTH

AGES 11-16
TEEN

BABYSITTING 101

This course gives participants the knowledge, skills, and confidence to care for toddlers through school-aged children. Topics include safety issues, preventing injuries and illness, basic childcare, and age-appropriate activities to do with children. Students will also learn how to make a snack for kids. Pre-registration is required by October 3rd. Participants must be 11 by the class date.

Instructors: Michelle Beran, Cottonwood Extension District, & Margaret Bartholomew
Fee: \$10.00

Code:	Grade:	Date:	Day:	Time:	Place:
#309007X	5 - 9	10/9	M	1:00-5pm	EXTOF

FALL MIDDLE SCHOOL DANCE

This dance is open to all Great Bend Middle School students. The dance will be held on October 6th, from 7:00 – 9:00 pm at the Activity Center. Entry fee is \$5.00 per student. Students need to show GBMS student ID cards when entering the dance. The dance will be supervised by staff from the 20th Judicial District Juvenile Services and Great Bend Rec. Pizza and candy bars will be available for \$1.00.

KANSAS HUNTER EDUCATION COURSE INTERNET - ASSISTED

We will be offering two classes with the first one being held on September 30th, and the second class being held on October 14th. Both classes will meet from 8:00 am – 2:00 pm for students 11 and older at the Great Bend Police Training Facility. Students must pre-register for this course at www.safehunters.com (registration opens September 1st) before completing the on-line course at www.ksoutdoors.com. Students are required to bring their results from the chapter quizzes that they will take off this site. Students must print the “completion certificate” after completing the on-line course work and turn it into the instructor. Classes are limited to 21 participants. Students will be tested on the on-line course materials. A pre-test will be administered at the beginning of Field Day. A passing score of 22 out of 25 questions is required to proceed with the rest of the course. If a student does not pass this test, they will NOT be allowed to continue the class. For more Hunter Education information, age requirements and other details, go to www.ksoutdoors.com. Pheasants Forever will provide a light lunch.

PG10 GBRC 620.793.3755

ALL AGES

PHOTO CONTEST

Get social with us. Find us on Facebook:
@TheRecGB

THE GREAT JACK-O-LANTERN PATCH

It's always fun to see all the creative pumpkins everyone decorates for Halloween. The Rec wants to help you show off your Jack-O-Lantern this Halloween with the Great Jack-O-Lantern Patch. On October 26th, we will post a Great Jack-O-Lantern Patch post on our Facebook page. Share a photo of your 2023 pumpkin in the comment section. We will randomly pick 3 entries that will receive a Halloween package. For your photo to be eligible to be entered in the drawing, your photo must be entered by Noon on October 30th. Winners will be contacted by November 3rd.

GREAT OUTDOOR PHOTO CONTEST

Kansas has some beautiful scenery and wildlife that many of you enjoy during the fall. We would like to show off some of your favorite photos you take while you're outdoors this fall. These photos may include sunsets, sunrises, wildlife, bird dogs in the field, scenery, & Cheyenne Bottoms. We ask for these photos to be taken during the months of September, October, and November 2023. To enter your photo, the Rec will post a Great Outdoor Photo Facebook post on November 27th, that you will need to post your photo in the comment section. For your photo to be eligible for the contest, your photo must be entered by Noon on November 30th. Judging will take place by staff from No Limits Kennels, LLC. with the winning entry receiving a \$50.00 Chamber Gift Certificate donated by No Limits Kennels, LLC. We will also award a gift package for the 2nd and 3rd place finishers. Winners will be contacted the week of December 11th.

MY CHRISTMAS TREE

Every year you see photos of beautifully decorated Christmas Trees. We would like to share your Tree on our Facebook page. On December 15th, we will post a My Christmas Tree post on our Facebook page. Take a photo of your 2023 Christmas Tree and share it in the comment section. We will randomly pick 3 entries that will receive a Christmas package for entering your Christmas Tree. For your photo to be eligible to be entered in the drawing, your photo must be entered by Noon on December 18th. Winners will be contacted the week of December 18th.

SNOW SCULPTURES WANTED

The GBRC would like you to share all the hard work you put into your Snow Sculpture on our Facebook page. After a snow, be watching our Facebook page for the Snow Sculpture Post and then simply take a photo of your 2023/24 snow sculpture and share it in the comment section. On the first of April we will randomly pick 3 entries out of all the entries that will receive a gift package from the Great Bend Rec.

GREAT BEND REC PHOTOS

By submitting photos, I understand, Great Bend Rec and any sponsor or individual may subsequently use for publicity or promotional purpose my name or picture without liability or obligation to me.



LIVE PLAY EXPLORE





AGES 4-15

SPORTS

INSTRUCTIONAL PROGRAMS

INSTRUCTIONAL INDOOR SOCCER

4-and 5-year-olds

This 4-week program meets on Tuesday and Thursday nights. Sessions are 45 minutes. Parents and kids will learn the basic soccer skills together on the court. All participants receive a T-shirt.

Registration: 9/11/23-10/01/23

Fee: \$35.00

Code:	Age:	Date:	Day:	Time:	Place:
#304218A	4yrs	10/19-11/16	TTH	5:30	AC
#304218B	5yrs	10/19-11/16	TTH	6:30	AC

LIL' BALLERS

5-and 6-year-olds

This 4-week program meets on Tuesday and Thursday nights. Sessions are 45 minutes. Parents and kids learn the basic basketball skills together on the court. All participants receive a T-shirt.

Enrollment: Max. 24 per session

Early Bird Registration: 9/18/23-1/28/24

Early Bird Fee: \$25.00

Registration: 1/29/24-2/18/24

Fee: \$35.00

Code:	Age:	Date:	Day:	Time:	Place:
#104217C	5yrs	3/19-4/11	TTH	5:30	AC
#104217D	6yrs	3/19-4/11	TTH	6:30	AC

INDIVIDUAL SPORTS

DISC GOLF WINTER TEAM PUTTING LEAGUE

This league is perfect for players of all skill levels. Random partners will be matched each week to create a fun, friendly balanced competition. Similar to cornhole but using discs instead. Each player needs to bring 3 putters nightly. Putters available upon request.

Instructor: Shane Sandberg

Registration: 9/18/23-1/5/24

Fee: \$20.00

Code:	Age:	Date:	Day:	Time:	Place:
#104281A	ALL	1/22-3/11	M	7:00pm	C/A

TOURNAMENTS

KANSAS YOUTH BASKETBALL

GBRC has partnered with Kansas Youth Basketball Academy Foundation to offer this tournament geared to all levels of play. You form your own team of players and can sign up at: www.kbaf.org

Registration deadline: January 26th

Fee: \$150

Ages: 1/2 Grade, 3/4 Grade, 5/6 Grade

Tournament Date: February 3-4, 2024

VOLUNTEER COACHES

COACHES NEEDED!

The Rec heavily relies on parents and/or volunteers stepping up and making a difference in kids' lives by coaching. All the training and resources are provided, we just ask for you to take the time to guide our youth towards the future! All you must do is attend a coaches meeting, pass a background check, get NYSCA certified, and be a leader during practices and games! If you would like to be a coach or would like more information, contact the Sports Department at 793-3755.

NATIONAL YOUTH SPORTS

COACHES ASSOCIATION

NYSCA certification is important enough for the Rec to make the Certification Clinic mandatory for all coaches. This clinic will cover useful tips to aid you in your experience such as first aid, safety, how to organize a fun practice and tips on teaching sports techniques.

DROP-IN MEMBERSHIP

YOUTH

The Rec Center and Activity Center gyms are open for students in middle school and high school at specific times. Participants are required to stop at the front desk to get their free membership card with school ID. Participants will be asked to scan into the facility each time they plan to utilize the gym activities. Students MUST BE in the 6th grade to be the gyms without adult supervision. Any student under the 6th grade must be accompanied by an individual 14 years of age or older.

Times: 3:30-5:00 pm M-F Location: Activity Center

Times: Posted times during a sport season at the C/A.





YOUTH

LEAGUES

INDOOR SOCCER

Kindergarten – 5TH Grade

Teams will play a 7-game season with volunteers as coaches. Games will be played on weekdays/weekends. Players will receive a team t-shirt as their uniform.

Note – All teams are formed by GBRC Staff.

Early Bird Registration: 5/8/23 – 9/17/23

Early Bird Fee: \$30.00

Registration: 9/18/23 – 10/1/23

Fee: \$40.00

Start Date: 11/18/23

MIDDLE SCHOOL INDOOR SOCCER

6TH – 8TH Grade

Teams will play a 7-game season. Games will be played on weekdays/weekends. Volunteers serve as coaches for all teams. Players will receive a team t-shirt as their uniform.

Note – All teams are formed by GBRC Staff.

Early Bird Registration: 5/8/23 – 9/17/23

Early Bird Fee: \$30.00

Registration: 9/18/23 – 10/1/23

Fee: \$40.00

Start Date: 11/18/23

HIGH SCHOOL GIRLS INDOOR SOCCER

9TH – 12TH Grade

Teams will play an 8-game season. Games will be played on weekdays/weekends. The cost includes a team game ball.

Early Bird Registration: 5/8/23 – 10/15/23

Early Bird Fee: \$130.00

Registration: 10/16/23 – 10/29/23

Fee: \$140.00

Start Date: 11/18/23

HIGH SCHOOL BOYS' INDOOR SOCCER

9TH – 12TH Grade

Teams will play an 8-game season. Games will be played on weekdays/weekends. The cost includes a team game ball.

Early Bird Registration: 5/8/23 – 10/15/23

Early Bird Fee: \$130.00

Registration: 10/16/23 – 10/29/23

Fee: \$140.00

Starting Date: 11/18/23

YOUTH BASKETBALL

1ST – 6TH Grade

Teams will play a 7-game season. Games will be played on weekdays/weekends. Volunteers serve as coaches for all teams. Note – All teams are formed by GBRC Staff.

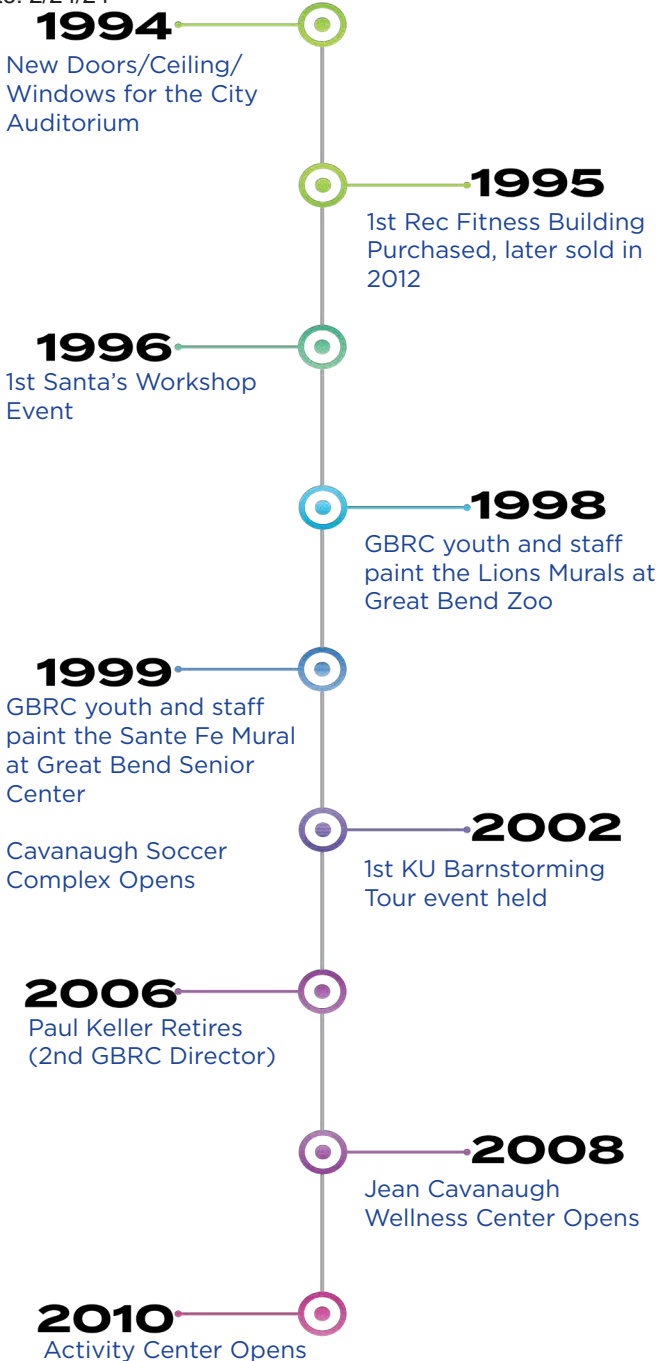
Early Bird Registration: 9/18/23 – 12/31/23

Early Bird Fee: \$30.00

Registration: 1/1/24 – 1/14/24

Fee: \$40.00

Starting Date: 2/24/24





AGES 16 & UP SPORTS LEAGUES

INDOOR SOCCER LEAGUE

Teams play 8 games. A game ball is included in the team fee.
 Early Bird Registration: 9/18/23-10/8/23
 Early Bird Fee: \$260.00
 Registration: 10/9/23-10/22/23
 Fee: \$280.00
 Day: T TH SN
 Start Date: November 7
 Leagues Offered: Men's & Women's

FALL VOLLEYBALL SESSION 2

A variety of leagues are offered. Teams play 8 games.
 Early Bird Registration: 9/18/23-10/8/23
 Early Bird Fee: \$50.00
 Registration: 10/9/23-10/29/23
 Fee: \$60.00
 Start Date: November 6
 Leagues Offered:

Game Days:	Level of Competition:
Monday	Women's Recreational
Monday	Women's Intermediate
Monday	Women's Competitive
Wednesday	Coed Recreational
Wednesday	Coed Spiking
Friday	Coed Recreational
Friday	Coed Intermediate

SPRING VOLLEYBALL LEAGUES

A variety of leagues are offered. Teams play 8 games.
 Early Bird Registration: 9/18/23-1/7/24
 Early Bird Fee: \$50.00
 Registration: 1/8/24-1/21/24
 Fee: \$60.00
 Start Date: February 5
 Leagues Offered:

Game Days:	Level of Competition:
Monday	Women's Recreational
Monday	Women's Intermediate
Monday	Women's Competitive
Wednesday	Coed Recreational
Wednesday	Coed Spiking
Friday	Coed Recreational
Friday	Coed Intermediate

3 ON 3 BASKETBALL

Teams will play an 8-game season.
 Early Bird Registration: 9/18/23-1/7/24
 Early Bird Fee: \$50.00
 Registration: 1/8/24-1/21/24
 Fee: \$60.00
 Start Date: February 18
 Leagues Offered: Adult, Coed, & High School

INDIVIDUAL SPORTS

DISC GOLF WINTER TEAM PUTTING LEAGUE

This league is perfect for players of all skill levels. Random partners will be matched each week to create a fun, friendly balanced competition. Similar to cornhole but using discs instead. Each player needs to bring 3 putters nightly. Putters available upon request.

Instructor: Shane Sandberg
 Registration: 9/18/23-1/5/24
 Fee: \$20.00

Code:	Age:	Date:	Day:	Time:	Place:
#104281A	ALL	1/22-3/11	M	7:00pm	C/A

WANT TO KNOW MORE ABOUT DISC GOLF?

Interested in learning the sport? Questions about the sport? Want to get started? Give us a call and we will help you get started. Great Bend Rec partners with local Disc Golf members in introducing this competitive sport.

Rainout Line

620-792-3214

View online, sign up for alerts, or use the free app!
 Check Facebook or website for updates!



AGES 16 & UP
SPORTS
LEAGUES

INTRODUCTION TO PICKLEBALL LEVEL 1

A 3-week introduction to Pickleball. Learn all about the game.
Instructor: Debbie Munz, Certified IPTPA Instructor
Fee: \$35.00

Code:	Date:	Day:	Time:	Place:
#304286D	10/2-10/16	M	9-10:30	C/A
#104286A	2/5-2/19	M	9-10:30	C/A

PICKLEBALL LEVEL 2

Pickleball Level 2 classes are an extension of skill development learned from Level 1. Work on strategies, consistency, shot selection, court positioning and more.
Instructor: Debbie Munz, Certified IPTPA Instructor
Fee: \$35.00

Code:	Date:	Day:	Time:	Place:
#304286E	10/2-10/16	M	10:30-12N	C/A
#104286B	2/5-2/19	M	10:30-12N	C/A

INTRODUCTION TO PICKLEBALL

Don't miss this opportunity to learn Pickleball in one evening!
Instructor: Debbie Munz, Certified IPTPA Instructor
Fee: \$20.00 per person

Code:	Date:	Day:	Time:	Place:
#304286F	10/18	W	7-9PM	ACTCTR
#304286G	11/15	W	7-9PM	ACTCTR
#104286C	1/17	W	7-9PM	ACTCTR
#104286D	2/21	W	7-9PM	ACTCTR

SPRING PICKLEBALL LEAGUE

This league is for beginner/intermediate players. Skill rating: 2.5-3.5 level.
Registration: 9/18/23-2/2/24
Fee: \$15.00

Code:	Date:	Day:	Time:	Place:
#304286B	1/25-3/14	TH	6:00PM	C/A

PG14 GBRC 620.793.3755

SPRING ELITE 4.0 PICKLEBALL LEAGUE

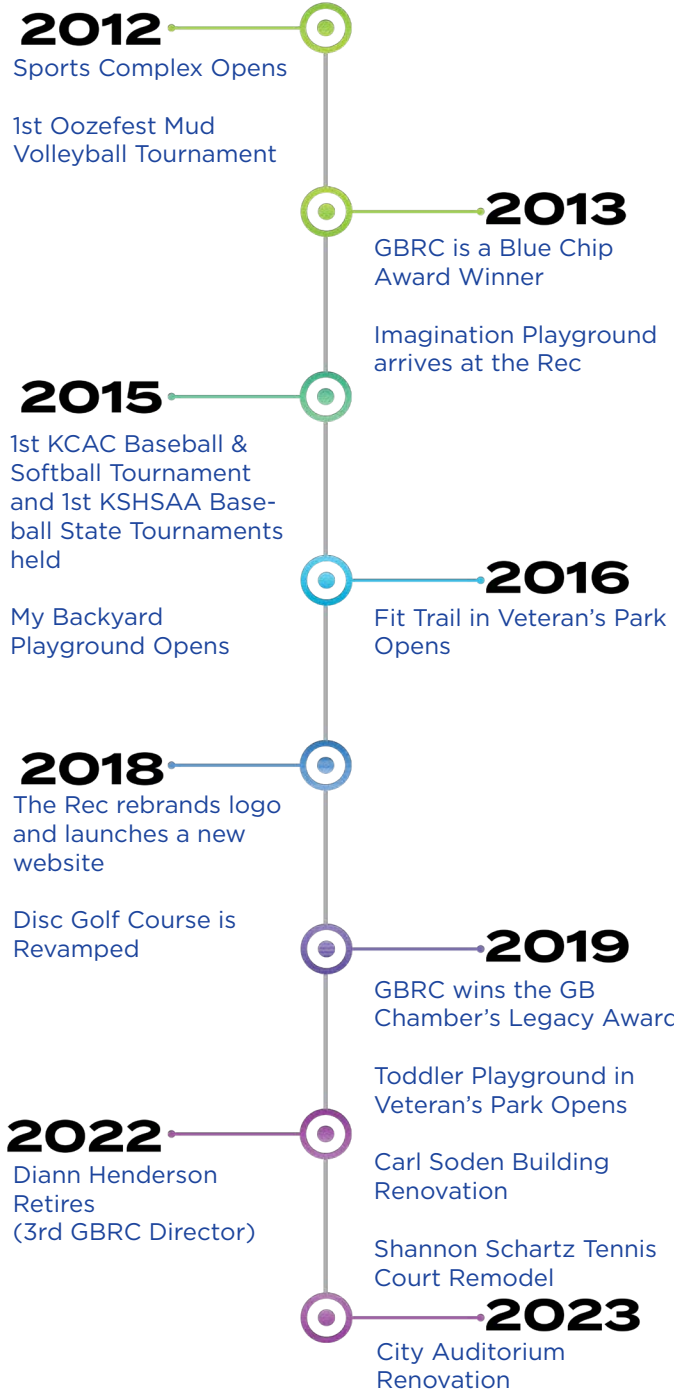
This league is for players with skill rating: 4.0 or above. Players enter as individuals but play doubles matches with players of their own skill level.
Registration: 9/18/23-2/2/24
Fee: \$15.00

Code:	Date:	Day:	Time:	Place:
#304286C	1/25-3/14	TH	7:30PM	C/A

TOURNAMENTS

PICKLEBALL TURKEY CLASSIC

Two Days of Pickleball! Men's, Women's, and Mixed doubles on 15 indoor courts at the Annual Tournament. There will be multiple divisions available for all skill levels.
Registration: 9/18/23-10/30/23
Date: November 4-5, 2023
Days: S - SN
Fee: \$60 per team
Location: Panther Activity Center





DROP-IN MEMBERSHIP

PICKLEBALL

PICKLEBALL

City Auditorium	M-F	7:00 AM - 3:00 PM
City Auditorium	SN	6:00 PM - 8:00 PM
City Auditorium(Sept. 28-Oct. 23)	M	6:30 PM - 8:00 PM
City Auditorium	W	7:00 PM - 9:00 PM
Activity Center(Jan-May 2023)	W	6:00 PM - 8:00 PM

Join us for open pickleball drop-in play. Drop-in pickleball requires a \$40/year membership. This gives you access to pickleball at the City Auditorium and the Activity Center during drop-in times. You will be required to scan your membership card at all sessions.

Fee: \$40.00 annually or \$5.00 monthly

**PUBLISHED DATES & TIMES ARE SUBJECT TO CHANGE
PENDING REC PROGRAMMING.**

The City Auditorium, Rec Center, & Activity Center will be closed for the Fall and Winter holidays.

Check Facebook for updates: @TheRecGB

DROP-IN MEMBERSHIP

WALKERS & JOGGERS

The Rec Center and Activity Center are open for individuals wanting to walk or jog at our facilities. All members must get a free membership card from our front desk upon entering our buildings. Participants will be asked to scan in each time they plan to use our gym facilities or walking track.

Students **MUST BE** in the 6th grade to be in our gym facilities without supervision. Anyone under the 6th grade must be accompanied by an individual 14 years of age or older.

City Auditorium	Monday-Thursday	7:00 AM - 8:00 PM
City Auditorium	Friday	7:00 AM - 5:00 PM
Activity Center	Monday-Thursday	8:00 AM - 8:00 PM
Activity Center	Friday	8:00 AM - 5:00 PM

Fee: None

BASKETBALL

The Morning Basketball Association (MBA) and Noon Basketball Association (NBA) offers exercise and socialization during a pick-up game format. MBA/NBA require a basketball membership. You will be required to scan your membership card at all sessions. Morning ball meets Tuesday, Thursday, & Friday mornings from 5:30 - 7:00 AM.

Fee: \$20.00 annually



WE'RE REIMAGINING PARKS!

Thanks to collaborations with the City of Great Bend, USD 428, Great Bend Kiwanis Club, GBRC Foundation and the Golden Belt Community Foundation we are reimagining our parks and open spaces! Incredible updates have happened at the Shannon Schartz Tennis Courts, Great Bend Sports Complex, and Veteran's Memorial Park.

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ADULT

AGES 16 & UP ENRICHMENT

LINE DANCING

Enjoy a night out with a little line dancing! We'll be dancing to the oldies and the latest hits. No partner is needed. No boots or hard sole shoes allowed. No class October 31.
Instructors: Cathy Weber & Stacy Ward
Fee: \$15.00

Code:	Age:	Date:	Day:	Time:	Place:
#304364A	16yrs & up	10/3-11/14	T	7:30-9pm	ACTCTR

DROP IN WOODCARVING

Are you interested in woodcarving or thinking about trying to find a new hobby? Why not stop by on either October 5th or November 2nd, from 6:30 – 8:30 pm at the Senior Center. During this time, members from the Golden Belt Wood Carvers Club will talk with you about how to get started, equipment needed, where to purchase it, what type of wood to use along with other valuable information you should know. If you have any questions, please contact Barry Bowers at 620-793-6121.

PHOTOGRAPHY BASICS & BEYOND

This course will provide an introduction to, and through discussion of, elements of photography that are operational in every image make, regardless of the type of camera used. It is designed to take those who are interested in improving their photography, and who also have DSLR or Mirrorless cameras capable of changes being made in shutter speed, aperture, ISO, focus, and more, beyond just using the Automatic settings and into a much more thorough understanding of those factors, as well as control of them. In addition, concepts such as depth of field and the factors involved, elements of composition, modes such as aperture priority, shutter priority, "B" manual mode, live view, types of light, and other factors involved in photography, will be discussed. Hands-on practice will be done during some class sessions, and handouts containing online links to various articles that expound on topics presented in classes will also be provided.

Instructor: Rex Rosenberg

Fee: \$15.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005A	18yrs & up	10/5-11/9	TH	6:30-8:30pm	ACTCTR

PG16 GBRC 620.793.3755

OIL / ACRYLIC PAINTING & PAINTING TECHNIQUES

This class is designed for the student who wants to learn to paint in oils / acrylics or to expand their own painting techniques. Paintings can be done from patterns, drawings, or photographs. The fee does not include supplies. Please pick up your materials list when you register for this class.

No class October 5, 10, 19, 26, 31 and November 7.

Instructor: Margaret Bartholomew

Fee: \$15.00

Code:	Age:	Date:	Day:	Time:	Place:
#304320A	16yrs & up	10/3-11/16	TTH	7:00-9pm	REC

CANVAS & COFFEE

Join us for a cup of coffee and spend the morning visiting and painting a holiday theme canvas. Each month will be a different painting: October (Halloween), November (Fall) & December (Christmas).

Instructor: Linda Pearson

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005B	16yrs & up	10/3	T	9-10:30am	REC
#309005C	16yrs & up	11/14	T	9-10:30am	REC
#309005D	16yrs & up	12/12	T	9-10:30am	REC

ACRYLIC POUR PAINTING

This is a fun art form in which you apply paint to a canvas in puddles, pools, or drop-like patterns. We will cover the basics of this technique after bringing the paint to a liquid consistency. You'll be amazed at how the painting keeps changing as it dries.

Instructor: Judy Duryee

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005E	16yrs & up	10/5	TH	6:30-8pm	REC

HALLOWEEN CRAFT NIGHT OUT

It's about time you grab a couple of your friends and enjoy a fun night of painting this Halloween project.

Instructor: Margaret Bartholomew

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005F	16yrs & up	10/16	M	7-8:30pm	REC

QUILTING WORKSHOP

The Central Kansas Thread Benders and the Rec are co-sponsoring a Quilting Workshop. This workshop will be held on October 28th, 2023, at the GBRC from 9:00 am to 3:00 pm. Participants will construct a "Bargello" quilt using two fabrics - multivalued ombre plus a coordinating small scale print. The finished quilt measures approximately 42 x 52", but borders can be added for a larger quilt. The skill level for this project is advanced beginner. Stop by the GBRC office to view the project and pick up a supply list after September 1st. For more information or to register, contact Margaret Evers at 620-793-7166. The fee for this activity is \$25.00 per person.

THIS AND THAT CERAMICS

We have several leftover ceramic projects that we don't have enough of for everyone in a class to do the same project. So, we're going to offer this class and let you pick a project to paint.

Instructor: Margaret Bartholomew

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005G	16yrs & up	11/3	F	1-2:30pm	REC

FABULOUS FALL CRAFT

Join us and come create a fall craft to help decorate your home.

Instructor: Margaret Bartholomew

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005H	16yrs & up	11/8	W	7-8:30pm	REC



ADULT

AGES 16 & UP ENRICHMENT

BARN QUILT PAINTING

Have fun making a fall or holiday-themed Barn Quilt. You will learn how to map out the space but most importantly enjoy painting it.

Instructor: Judy Duryee

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005I	16yrs &up	11/18	SA	9-11:00am	REC

CHRISTMAS CRAFT

Come create a fun Christmas theme project for your home or give it to someone for a Christmas gift.

Instructor: Margaret Bartholomew

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005J	16yrs &up	12/7	TH	7-8:30pm	REC

TWO-STEPPING

Grab your partner and have some fun learning how-to two-step. All participants must have a partner for this class. No boots or hard sole shoes allowed.

Instructors: Bill & Cathy Weber

Enrollment: Max. 20

Fee: \$15.00 per person

Code:	Age:	Date:	Day:	Time:	Place:
#104364A	16yrs &up	1/9-1/30	T	7:30-9pm	ACTCTR

MATINEE CLUB

Kick back with some popcorn and a good movie with friends at the Senior Center.

Captioning is displayed when available. Registration is required.

Fee: Free

Code:	Age:	Date:	Day:	Time:	Location:
#309005P	50+	10/2	M	1-3:30pm	SRCTR
#309005Q	50+	11/6	M	1-3:30pm	SRCTR
#309005R	50+	12/11	M	1-3:30pm	SRCTR

HALLOWEEN PARTY

Dress Up and join your friends for an afternoon of spooky fun and refreshments.

Date:	Day:	Time:	Place:
10/24	T	1pm	SRCTR

USD 428 VOCAL MUSIC SHOWCASE & COFFEE

Enjoy a variety of vocal music performances featuring USD 428's students, K-12th grade. USD 428's central kitchen will provide cinnamon streusel coffee cake. The performances will begin at 9:00 am.

Date:	Day:	Time:	Place:
11/8	W	9-11:30am	SRCTR

THANKSGIVING DINNER

The pilgrims at the Senior Center are preparing a Thanksgiving feast. Call the Senior Center early to make your reservation.

Date:	Day:	Time:	Place:
11/16	TH	12:00pm	SRCTR

CHRISTMAS DINNER & OPEN HOUSE

Join your friends at the Senior Center for their Christmas dinner and the party after.

Call the Senior Center to make your reservation.

Date:	Day:	Time:	Place:
12/14	TH	12:00pm	SRCTR

DEFENSIVE DRIVING

This two-day course is sponsored by Barton County Farm Bureau and the GBRC and is taught by an officer of the Barton County Sheriff's Department. Most insurance companies will lower premiums for participants that receive certificates at the end of the class. Participants must attend both days of the class. Enroll by November 15, 2023. Pre-registration is required.

Instructor: Steve Billinger, Barton County Sheriff Department

Fee: \$10.00 (Barton County Farm Bureau Member)

\$15.00 (Non-Members)

Age:	Date:	Day:	Time:	Place:
16&up	11/20-21	MT	6-9pm	ACTCTR

50 PLUS CRAFT

Come and enjoy an afternoon of crafting with your friends at the Rec! These are the perfect crafts for all. All supplies will be furnished. Please pre-enroll with the Great Bend Rec.

Instructor: Debbie Jones

Fee: FREE

Code:	Age:	Date:	Day:	Time:	Place:
#309005K	50&up	10/11	W	1:30-2:30pm	REC
#309005L	50&up	11/15	W	1:30-2:30pm	REC

COFFEE & CRAFTS

Come and enjoy a morning of crafting and coffee at the Activity Center!

OCTOBER 19 – MASON JAR LID PUMPKIN

Create a fall pumpkin out of Mason Jar Lids.

NOVEMBER 16 – TURKEY TIME

Gobble. Gobble. Create a Thanksgiving turkey for your home.

DECEMBER 21 – CHRISTMAS JOY

Fill your home with some Christmas Joy with this holiday sign.

Instructor: Debbie Jones

Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#309005M	50&up	10/19	TH	10-11:00am	ACTCTR
#309005N	50&up	11/16	TH	10-11:00am	ACTCTR
#309005O	50&up	12/21	TH	10-11:00am	ACTCTR



1984

ADULT

AGES 16 & UP EDUCATIONAL STOP N' LEARN SESSIONS

HOW CHILDREN CAN IMPROVE THEIR ABILITIES & WILLINGNESS TO LEARN

Join us and learn about exercises and activities that are naturally helping children, especially those on the spectrum or with diagnosis' such as ADHD, Anxiety, Autism, Dyslexia and more.

Speaker: Julie Stuhlsatz, CBT, CDA

Age:	Date:	Day:	Time:	Place:
18yrs & up	10/4	W	12:00pm	ACTCTR

DIABETES: YOU ARE IN CONTROL

Mark your calendar and learn about diabetes risk, self-management, and self-care behaviors. We will also share some diabetes approved recipes and samples will be provided.

Speaker: Karissa Winkel, Family and Community Wellness Agent for K-State and Extension – Cottonwood District

Age:	Date:	Day:	Time:	Place:
18yrs & up	10/18	W	12:00pm	ACTCTR

DROP SPINDLE SPINNING

Have fun and laugh while learning how to spin yarn using the over 10,000-year-old technique of drop spindle spinning. This technique is a precursor to the spinning wheel, is easy to take with you wherever you go, and has a very simple set up. And yes, you will drop the spindle frequently as you are learning but it's all part of it! This is a great skill to have if you want to make your own yarn for crochet, knitting and weaving projects. All materials will be provided. You just need to bring yourself and a good sense of humor!!

Speaker: Alyssa Rose Bliven, Shafer Art Gallery Director and Artist At Large Chairperson

Age:	Date:	Day:	Time:	Place:
18yrs & up	10/25	W	12:00pm	ACTCTR

PG18 GBRC 620.793.3755

FALCONRY 101

Falconry is the sport of hunting wild animals in their natural state and habitat using a trained bird of prey. During this presentation, Don will share how he became involved in falconry, how he cares for and trains his birds, how to identify different birds of prey and other topics associated with falconry.

Speaker: Don McKnight

Age:	Date:	Day:	Time:	Place:
18yrs & up	11/1	W	12:00pm	ACTCTR

FOCUS ON THE STARS – COOKING HEALTHY FOR THE HOLIDAYS

Join us to learn how to maintain a healthy lifestyle during the holiday season. Holidays are full of treats, and we want to enjoy them. Although it is easy to fall into a cycle of unhealthy eating during this time of year, at this Stop N Learn we'll discuss simple swaps for holiday recipes that make meals lighter without sacrificing flavor. Holiday recipes and samples will be provided.

Speaker: Karissa Winkel, Family and Community Wellness Agent for K-State and Extension – Cottonwood District

Age:	Date:	Day:	Time:	Place:
18yrs & up	11/15	W	12:00pm	ACTCTR

HISTORY OF CHEYENNE BOTTOMS

So much history has happened at the marsh, from Indian battles, to greyhound racing, and use as a military bombing range. Participants will test their knowledge of the largest wetland complex in the interior of the United States with a Cheyenne Bottoms trivia game. Discover more about this natural area that was designated as a Ramsar Wetlands of International Importance in 1988 and is featured as one of the 8 Wonders of Kansas through actively solving clues to open a breakout box.

Speaker: Mandy Kern, KWEC Program Specialist

Age:	Date:	Day:	Time:	Place:
18yrs & up	12/6	W	12:00pm	ACTCTR

MANAGING THE STRAIN OF STRESS

Do you have stress? If so, why not learn how to tackle it? Learn about the biology of stress, discover stress management tools, and understand the emerging science between mood and food. Healthy recipes and samples will be provided.

Speaker: Karissa Winkel, Family and Community Wellness Agent for K-State and Extension – Cottonwood District

Age:	Date:	Day:	Time:	Place:
18yrs & up	12/13	W	12:00pm	ACTCTR

ALL AGES

PHOTO CONTEST

Get social with us. Find us on Facebook:
[@TheRecGB](#)

GREAT OUTDOOR PHOTO CONTEST

We would like to show off the photos you take while you're outdoors this fall. These photos may include sunsets, sunrises, wildlife, bird dogs in the field, scenery, etc. We ask for these photos to be taken during the months of Sept., Oct., and Nov. 2023. To enter your photo, the Rec will post a Great Outdoor Photo Facebook post on November 27th, that you will need to post your photo in the comment section. For your photo to be eligible for the contest, your photo must be entered by Noon on November 30th. Judging will take place by staff from No Limits Kennels, LLC. with the winning entry receiving a \$50.00 Chamber Gift Certificate donated by No Limits Kennels, LLC. Winners will be contacted the week of December 11th.

MY CHRISTMAS TREE

Every year you see photos of beautifully decorated Christmas Trees. We would like to share your Tree on our Facebook page. On Dec. 15th, we will post a My Christmas Tree post on our Facebook page. Take a photo of your 2023 Tree and share it in the comment section. We will randomly pick 3 entries that will receive a Christmas package. For your photo to be eligible to be entered in the drawing, your photo must be entered by Noon on December 18th. Winners will be contacted the week of Dec. 18th.



WELLNESS

AGES 16 & UP EXERCISE CLASSES BRING EXERCISE MATS TO CLASS

FIT FOR LIFE

This exercise class combines aerobic workouts, dance steps and stretching. The goal of this class is to improve balance, flexibility, and strength. Instructors for the program are certified and trained in fitness for seniors.

No class December 22, 25, 27, 29 & January 1.

Instructors: Karen Steffan (8:30AM) Laurie McCurry (10AM)

Fee: \$20.00

Code:	Age:	Date:	Day:	Time:	Place:
#304276G	60yrs & up	10/2-11/17	MWF	8:30-9:30am	ACTCTR
#304276H	60yrs & up	10/2-11/17	MWF	10-11:00am	ACTCTR
#104276A	60yrs & up	11/27-1/26	MWF	8:30-9:30am	ACTCTR
#104276B	60yrs & up	11/27-1/26	MWF	10-11:00am	ACTCTR

YOGA

Yoga benefits are many and include muscle flexibility, joint mobility, and stress relief.

This class integrates basic Yoga poses. Strengthen and calm the body and mind, release stress, develop flexibility and focus.

No class December 25, 27 & January 1.

Instructor: Laurie McCurry

Fee: \$25.00

Fee: \$15.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304270I	16yrs & up	10/2-11/15	MW	4:30-5:30pm	ACTCTR
#104270A	16yrs & up	11/27-1/24	MW	4:30-5:30pm	ACTCTR
#104270B	16yrs & up	1/3-1/24	MW	4:30-5:30pm	ACTCTR

CARDIO BLAST

This class will incorporate several different types of exercises ranging from Step, Kick-boxing, interval training, cardio dancing, suspension training and other exercises. This class will also utilize weighted equipment. No class December 25, 27 & January 1.

Instructor: Laurie McCurry

Enrollment: Max. 25

Fee: \$25.00

Fee: \$15.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304285M	16yrs & up	10/2-11/15	MW	5:30-6:30pm	ACTCTR
#104285A	16yrs & up	11/27-1/24	MW	5:30-6:30pm	ACTCTR
#104285B	16yrs & up	1/3-1/24	MW	5:30-6:30pm	ACTCTR

GENTLE YOGA

This exercise class is for all ages but would be beneficial for those needing a chair or low impact exercise. Basic postures that include stretching, moving, and breathing will help build strength, flexibility, and balance.

No class December 25, 26, 27, 28 & January 1.

Instructor: Dee Krier

Fee: \$25.00

Fee: \$15.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304270J	16yrs & up	10/2-11/15	MW	3:00-4pm	ACTCTR
#104270C	16yrs & up	11/27-1/24	MW	3:00-4pm	ACTCTR
#104270D	16yrs & up	1/3-1/24	MW	3:00-4pm	ACTCTR
#304270K	16yrs & up	10/3-11/16	TTH	6:30-7:30pm	ACTCTR
#104270E	16yrs & up	11/28-1/25	TTH	6:30-7:30pm	ACTCTR
#104270F	16yrs & up	1/2-1/25	TTH	6:30-7:30pm	ACTCTR

TAI CHI BEGINNERS

This exercise class is designed for participants that are newcomers to Tai Chi. Tai Chi promotes strength, balance, coordination, posture, concentration, and a general level of energy. This Chinese art is known as a means for dealing with stress and its health benefits and has eased the pain of arthritis and fibromyalgia. It has also helped the following conditions: heart disease, heart failure, hypertension, Parkinson's disease, sleep problems and stroke! You'll work on relaxation, fluid movements, balance and breathing. Flowing postures blend elements of physical exercise and relaxation.

No class December 26 & 28.

Instructors: Dee Krier (TH) Shane Santy (T)

Fee: \$25.00

Fee: \$15.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304284G	16yrs & up	10/3-11/16	TTH	3:00-4pm	ACTCTR
#104284A	16yrs & up	11/28-1/25	TTH	3:00-4pm	ACTCTR
#104284B	16yrs & up	1/2-1/25	TTH	3:00-4pm	ACTCTR

TAI CHI INTERMEDIATE

This exercise class is for all ages, and promotes strength, balance, coordination, posture, concentration, and a general level of energy. You'll work on relaxation, fluid movements, balance and breathing. Flowing postures blend elements of physical exercise and relaxation. Participants do not have to complete the beginner's class prior to taking this class.

No class December 26 & 28.

Instructor: Dee Krier

Fee: \$25.00

Fee: \$15.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304284H	16yrs & up	10/3-11/16	TTH	5:30-6:30pm	ACTCTR
#104284C	16yrs & up	11/28-1/25	TTH	5:30-6:30pm	ACTCTR
#104284D	16yrs & up	1/2-1/25	TTH	5:30-6:30pm	ACTCTR

For the safety of all . . . Be respectful of other patrons and do not bring children to class.
Exercise classes are designed for adults only!



TAI CHI ADVANCE

This exercise class is designed for participants that have experience with Tai Chi and its movements. Flowing postures blend elements of physical exercise and relaxation. No class November 6, December 25, 27 & January 1.

Instructor: Dee Krier

Fee: \$25.00

Fee: \$15.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304284I	16yrs & up	10/2-11/15	MW	5:30-6:30pm	ACTCTR
#104284E	16yrs & up	11/27-1/24	MW	5:30-6:30pm	ACTCTR
#104284F	16yrs & up	1/3-1/24	MW	5:30-6:30pm	ACTCTR

A.M. HIIT SUSPENSION TRAINING

Suspension training uses body weight exercises to develop strength, balance, flexibility, and core stability. This cardio intense class will utilize short bursts of high intensity exercises followed by periods of active recovery using suspension trainer straps. 30 minutes is all you'll need for an effective total body workout. No class December 25, 27 & January 1.

Instructor: Dixie Divis

Fee: \$25.00

Code:	Age:	Date:	Day:	Time:	Place:
#304285N	16yrs & up	10/2-11/15	MW	5:15-5:45am	ACTCTR
#104285C	16yrs & up	11/27-1/24	MW	5:15-5:45am	ACTCTR

A.M. RENEWED YOGA

Greet the day with renewed energy and peace of mind. This vinyasa inspired class will flow through a gentle warm up and progress toward more challenging poses with options to modify as needed. Each class will end with a cool down and deep relaxation to prepare you for the day.

No class November 7, December 26 & 28.

Instructor: Dixie Divis

Fee: \$25.00

Fee: \$15.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304270L	16yrs & up	10/3-11/16	TTH	6-6:45am	ACTCTR
#104270G	16yrs & up	11/28-1/25	TTH	6-6:45am	ACTCTR
#104270H	16yrs & up	1/2-1/25	TTH	6-6:45am	ACTCTR

MIDDAY STRETCH & STRENGTH

Take advantage of your lunch hour to stretch & strengthen your entire body! The first half of class will include a dynamic warm-up that will move into a strength & toning workout using weights & various equipment. The second half of class will focus on stretching to increase range of motion and decrease muscle stiffness. Get all the benefits of a strength workout with the bonus of alleviating everyday stiffness in just 40 minutes! Don't worry - you won't need a shower after this class so you can get back to work on time.

No class December 25, 26, 27, 28 & January 1.

Instructor: Dixie Divis

Fee: \$35.00

Fee: \$20.00 (January only class)

Code:	Age:	Date:	Day:	Time:	Place:
#304276I	16yrs & up	10/2-11/16	MTWTH	12:10-12:50pm	ACTCTR
#104276C	16yrs & up	11/27-1/25	MTWTH	12:10-12:50pm	ACTCTR
#104276D	16yrs & up	1/2-1/25	MTWTH	12:10-12:50pm	ACTCTR

PM INDOOR CYCLING

This will be a group fitness course set to music to cycle the evening away. Indoor cycling is a cardio exercise that is performed indoors on a stationary bicycle, allowing each individual to control the resistance of the bike and work at their own pace. No class December 25, 27 & January 1.

Instructor: Dixie Divis

Fee: \$35.00

Code:	Age:	Date:	Day:	Time:	Place:
#304285O	16yrs & up	10/2-11/15	MW	7-7:45pm	ACTCTR
#104285D	16yrs & up	11/27-1/24	MW	7-7:45pm	ACTCTR

SPIN STRENGTH STRETCH

This class has everything you need to get your day off to a great start! This is a fusion class that will include cardio, strength training and stretching all within a 45-minute class so you can get your workout in before you head off to work.

No class December 25, 26, 27, 28 & January 1.

Instructor: Dixie Divis (M) Nicole Grove (W)

Fee: \$35.00

Code:	Age:	Date:	Day:	Time:	Place:
#304285P	16yrs & up	10/2-11/15	MW	6-6:45am	ACTCTR
#104285E	16yrs & up	11/27-1/24	MW	6-6:45am	ACTCTR

INDOOR CYCLING

Indoor cycling is a cardio exercise that is performed indoors on a stationary bicycle. Our new indoor cycling class will be a group fitness course set to music. Oftentimes, indoor cycling class can consist of both anaerobic and aerobic type of exercises throughout the workout. The goal of each workout is to tone muscle while keeping cardiovascular wellness involved. Participants can control the resistance of the bike and work at their own pace. No class December 26 & 28.

Instructor: Nicole Grove (Wednesdays)

Fee: \$35.00

Code:	Age:	Date:	Day:	Time:	Place:
#304285Q	16yrs & up	10/3-11/16	TTH	5:15-6am	ACTCTR
#304285R	16yrs & up	10/3-11/16	TTH	9-9:45am	ACTCTR
#104285F	16yrs & up	11/28-1/25	TTH	5:15-6am	ACTCTR
#104285G	16yrs & up	11/28-1/25	TTH	9-9:45am	ACTCTR



620-792-3214

View online, sign up for alerts, or use the free app!
Check Facebook or website for updates!



2008

WELLNESS

AGES 15 & UP

CAVANAUGH WELLNESS CENTER

GREAT BEND REC CENTER, 1214 STONE

RATES

DAILY MEMBERSHIP

\$5.00 a day - Single
\$10.00 a day - Family
\$3.50 a day - Senior

MONTHLY MEMBERSHIP

Single \$20.00
Family \$50.00
Senior \$15.00

Six Month Membership

Single \$30.00
Family \$80.00
Senior \$25.00

Yearly Membership

Single \$50.00
Family \$120.00
Senior \$40.00

HOURS

Monday-Thursday: 7:00 AM - 8:00 PM
Friday: 7:00 AM - 5:00 PM
Saturday: 8:00 AM - 12 NOON

Single Membership - 18 years & up
Family Membership - 2 to 4 family members
Senior Membership - 60 years & up

Student Membership (valid with student ID)
Monday-Friday: 3:00 p.m. - 5:00 p.m.
Ages 15 thru 17 during this dedicated time.
Monthly Membership: \$10.00
Six Month Membership: \$20.00
Yearly Membership: \$30.00

Indoor Walking @ "the Rec"

At GBRC, we don't let the weather prevent us from walking or jogging! This service is free to the public and we enjoy seeing our walking track in use. We ask participants to get a free membership card from our front desk upon entering our buildings.



2011



ADAPTIVE

AGES 13 & UP ENRICHMENT

Adaptive Programs are geared towards individuals with disabilities. Programs are designed to assist people with disabilities who choose not to participate in the integrated rec programs.

BOWLING

Have fun at the Walnut Bowl with an hour and a half of recreational bowling.
No Bowling Sept. 5, Dec. 26 & Jan. 2.
We will celebrate the end of our fall bowling season with an end of the year party on December 19th.
Supervisor: Carole Edwardson
Fee: \$3.25 per 1 game
\$6.00 per 2 games

Age:	Date:	Day:	Time:	Place:
13&up	9/12-12/19	T	4-5:30pm	WAL
13&up	1/9-1/30	T	4-5:30pm	WAL

HALLOWEEN DANCE

Dress up in your favorite costume and participate in our annual Halloween costume contest! Prizes awarded to winners.
Fee: \$5.00

Code:	Age:	Date:	Day:	Time:	Place:
#304519A	Adult	10/13	F	7-8:30pm	ACTCTR

MAKING MODIFICATIONS

When we say “Include All,” we mean it! If you or your family member would like to participate in a program or use our facility, we can look at your needs to consider modifications. To get started, contact Megan Hammeke at 620-793-3755.



PG22 GBRC 620.793.3755

EASY COOKING – PUMPKIN

This class is a basic instruction cooking class for those that help cook. The instructor will provide recipes and participants will make several different items.
Instructor: Debbie Jones
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304524A	13&up	10/19	TH	7-8:00pm	REC

MASON JAR LID PUMPKIN

Create a fall pumpkin out of Mason Jar Lids.
Instructor: Morgan Ward
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304522A	13&up	10/26	TH	7:00-8pm	REC

PUMPKIN DECORATING

Decorate a unique pumpkin just in time for Halloween.
Instructor: Morgan Ward
Enrollment: Max. 14
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304522B	13&up	10/30	M	7:00-8pm	REC

EASY COOKING – APPLE

This class is a basic instruction cooking class for those that help cook. The instructor will provide recipes and participants will make several different items.
Instructor: Debbie Jones
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304524B	13&up	11/9	TH	7-8:00pm	REC

THANKSGIVING DANCE

Celebrate Thanksgiving and enjoy an evening of dancing.
Fee: \$5.00

Code:	Age:	Date:	Day:	Time:	Place:
#304521A	Adult	11/10	F	7-8:30pm	ACTCTR

TURKEY TIME

Gobble. Gobble. Create a Thanksgiving turkey for your home.
Instructor: Morgan Ward
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304522C	13&up	11/15	W	7:00-8pm	REC

CHRISTMAS DANCE

Celebrate the Christmas season by dancing to the music of our DJ.
Pre-Enrollment Fee: FREE (Pre-enrollment ends 12/6)
Fee: \$5.00

Code:	Age:	Date:	Day:	Time:	Place:
#304516A	13&up	12/8	F	7-8:30pm	ACTCTR

CHRISTMAS COOKIE DECORATING

Some would say that cookie decorating is their favorite Christmas tradition. Join us as we decorate Christmas cookies for you to take home and enjoy!
Instructor: Debbie Jones
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304524C	13&up	12/14	TH	7:00-8pm	REC

CHRISTMAS JOY

Fill your home with some Christmas Joy with this holiday sign.
Instructor: Morgan Ward
Fee: \$10.00

Code:	Age:	Date:	Day:	Time:	Place:
#304522D	13&up	12/18	M	7:00-8pm	REC



EVENTS

ALL AGES

MEMORIES MATTER BEREAVEMENT CAMP

SEPTEMBER 23rd
9:00 AM - 4:00 PM
ACTIVITY CENTER

Memories Matter Bereavement Camp is a 1-day camp experience for kids ages 5-12 who have experienced the death of a parent, grandparent, sibling or other loved one. Each child will have experiences that help them understand grieving is necessary for healing.

For more information or to register, call
Home Health and Hospice at 620-792-8171.
Space is limited.

FALL MIDDLE SCHOOL DANCE

OCTOBER 6th
7:00 - 9:00 PM
ACTIVITY CENTER

This dance is open to all Great Bend Middle School students. Students need to show GBMS student ID cards when entering dance. The dance will be supervised by staff from the 20th Judicial District Juvenile Services and Great Bend Rec.

Pizza will be available for \$1.00 per slice.

Entry fee is \$5.00 per student.

SANTA'S WORKSHOP

DECEMBER 4th
6:00 - 8:00 PM
CITY AUDITORIUM

Step into the North Pole and join Santa Claus for an evening of holiday fun! Bring your letters for Santa. This event is designed for children Preschool age thru 6th grade.

Admission is Free.





CELEBRATE

75 YEARS OF "THE REC"

It's been 75 years of **FUN & PLAY** spearheading events, creating innovative recreation programs and services, tournaments, the development of new recreation & park facilities and playgrounds, including the Great Bend Activity Center, MyBackyard Playground, Fitness Trail, & Veteran's Toddler Playground. We love getting to **LIVE, PLAY, & EXPLORE** here in our community and we can't wait to see what the next 75 years bring.

