FALL PROGRAM GUIDE

2019

Great Bend Recreation Commission
620.793.3755  WWW.GREATBENDREC.COM
Great Bend Recreation Center 1214 Stone Street
Great Bend Activity Center 2715 18th Street
My BackYard Playground 2715 18th Street

REGISTER ONLINE!
GO TO: www.greatbendrec.com
CLICK: REGISTER TODAY!
REGISTER: Sept. 16, 2019
Veteran’s Toddler Playground

Now Open!
Veteran’s Memorial Park

THANK YOU

Great Bend Recreation Commission
City of Great Bend
Golden Belt Community Foundation
Great Bend Kiwanis Club
Bill McKown Endowment Fund
GBRC Foundation
Go Wild & Play!
Experience the Imagination Playground!

Bring your tots and enjoy yourself at the GBRC Activity Center, 2715 18th Street on the 1st and 3rd Wednesdays.

Morning Hours: 9:30-11am
Dates: Sept. 4, Sept. 18, Oct. 2, Oct. 16, Nov. 6, Nov. 20, Dec. 4, Dec. 18, Jan. 15
Evening Hours: 6:30-7:30 pm
Sept. 18, Oct. 2, Oct. 16

These Play Experiences are a free drop in program recommended for children 2 years & up. All children must be accompanied by an adult.

STORYWALK – HOW DID THAT GET INTO MY LUNCHBOX?
Join Donna Krug, Cottonwood District FCS Agent, and her helpers at the Great Bend Recreation Activity Center (2715 18th St.) for a StoryWalk adventure. The book will be displayed on white boards in the area surrounding the My BackYard Playground. Children will be able to come inside and sample some food that is mentioned in the book. Goals of StoryWalk is to read and exercise with your child. StoryWalk is a free program set for 10:00 – 11:30 am on Wednesday, September 18th. In case of windy or rainy weather, the program will be moved inside. The activity targets pre-school age children along with their parents or caregivers.

STORYWALK – CURIOUS GEORGE Saves HIS PENNIES
Join Donna Krug, Cottonwood District FCS Agent, and her helpers at the Great Bend Recreation Activity Center (2715 18th St.) for a StoryWalk adventure. We will be reading “Curious George Saves His Pennies” (a fun book that will be displayed on white boards as children walk in the area surrounding the My BackYard Playground or inside the Activity Center depending on the weather). The goal of StoryWalk is to read and exercise together with your child. This book will help you get into the spirit of Halloween! This StoryWalk is a free program set for 10:00 – 11:30 am on Wednesday, October 16th.

STORYWALK – Have YOU Filled A BUCKET TODAY?
Join Donna Krug, Cottonwood District FCS Agent, and her helpers at the Great Bend Recreation Activity Center (2715 18th St.) for a StoryWalk adventure. We will be reading “Have You Filled a Bucket Today?” (a book that will be displayed on white boards as children walk in the area surrounding the My BackYard Playground or inside the Activity Center depending on the weather). The goal of StoryWalk is to read and exercise together with your child. This StoryWalk is a free program set for 10:00 – 11:30 am on Wednesday, November 20th. The activity targets pre-school age children with their parents or caregivers.

LITTLE ZOO CRITTERS
Meet us at the Great Bend-Brit Spaugh Zoo and learn all about different animals. Zoo staff will show us some of the fun animals they have at the zoo. We’re also going to be making a fun craft project each time. A parent or grandparent needs to accompany each child to class. Instructors: Great Bend-Brit Spaugh Zoo Staff & Cindy Warner
Enrollment: Min. 6 Max. 16
Fee: $10.00
Code: Age: Date: Day: Time: Place:
#304333B 3-5 yrs 10/9-10/30 W 9:30-10:30am ZOO
**PAINTING PUMPKINS WITH DAD**
Spend time painting a pumpkin for Halloween with that special child in your life. An adult male must accompany children to the class.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 16
 Fee: $7.00
Code: Age: Date: Day: Time: Place:
#309006B  3-5 yrs  10/23  W  6:30-7:30pm REC

**MOMMY AND ME COOKING**
Join us for this fun and yummy cooking class. You bring the kids and we’ll bring the food and fun just in time for lunch! An adult must accompany children. Partial scholarship available.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 12
 Fee: $12.00
Code: Age: Date: Day: Time: Place:
#304326A  3-5 yrs  11/1-11/15  F  11:15-12:30pm REC

**HAPPY FALL**
Join us and create a great fall project using all the wonderful colors of fall in this fun family class. Children must be accompanied by at least one adult.
Instructor: Karen Clark
Enrollment: Min. 6 Max. 16
 Fee: $7.00
Code: Age: Date: Day: Time: Place:
#309007B  4-10 yrs  11/9  S  9:30-10:30am REC

**HOLIDAY CRAFTS**
Decorate this family holiday decoration as a family to help spruce up your home. Children must be accompanied by at least one adult.
Instructor: Karen Clark
Enrollment: Min. 6 Max. 16
 Fee: $7.00
Code: Age: Date: Day: Time: Place:
#309006C  4-10 yrs  12/7  S  9:30-10:30am REC

**SPOOKY CRAFTS**
Spend some family time creating this fun Halloween craft.
All children must be accompanied by at least one adult.
Instructor: Karen Clark
Enrollment: Min. 6 Max. 16
 Fee: $7.00
Code: Age: Date: Day: Time: Place:
#309007A  4-10 yrs  10/12  S  9:30-10:30am REC

**MOMMY AND ME HALLOWEEN PAINTING**
Are you looking for a fun evening to spend with that special child? If so, join us and have a good time creating this fun Halloween theme painting together. Children must be accompanied by at least one adult.
Instructor: Margaret Bartholomew
Enrollment: Min. 6 Max. 16
 Fee: $7.00
Code: Age: Date: Day: Time: Place:
#309006D  5-16 yrs  12/12  TH  6:30-7:30pm REC

**SNOW SCULPTURES WANTED**
Attention snow bunnies: the GBRC would like to share all the hard and creative work you put into your Snow Sculpture on our Facebook page. So simply take a photo of your snow sculpture (no people in the photo) and e-mail it to gfitzpatrick@gbrec.net. Please enter “Snow Sculpture” in the subject line. Then at the end of each month (October – March), we will post the photos we receive that month. The first of April we will randomly pick 3 entries that will receive a winter gift package from the Great Bend Rec.
PRESCHOOL EXPRESS

- All aboard! Creativity is fun on board the Preschool Express. Your child will create a variety of art projects and holiday crafts. Learning is fun on the Preschool Express. Come see what is just around the bend.
- Instructor: Carla Maneth
- Enrollment: Min. 6 Max. 14
- Fee: $13.00
- Code: Age: Date: Day: Time: Place:
  #304333C 4-5 yrs 10/7-11/11 M 3:30-5pm REC

SANTA’S WORKSHOP
December 2, 2019
6:00-8:00 pm
City Auditorium

SANTA ELVES

- We will be busy as an elf preparing a special Christmas present for mom or dad.
- Instructor: Carla Maneth
- Enrollment: Min. 6 Max. 14
- Fee: $9.00
- Code: Age: Date: Day: Time: Place:
  #309007C 4-5 yrs 12/9 M 3:30-5pm REC

MOVIN & GROOVIN WITH MUSIC

- Kids join us and explore the world of music, dance and fun stories with music, movement and rhythm of motion. Kids will make music, sing songs and dance while playing instruments in this grooving class.
- Instructor: Debbie Koch
- Enrollment: Min. 6 Max. 14
- Fee: $10.00
- Code: Age: Date: Day: Time: Place:
  #304322A 3-5 yrs 10/10-10/31 TH 9:00-10am ACTCTR

JR ALL-STAR

- During this Jr All-Star class, your active child will experience fitness, sports, motor skills and other action-packed games and activities. These activities will include: musical games, basic motor skills such as throwing, catching, shooting, kicking and more. Make sure your All-Star wears appropriate clothing for active play.
- Instructor: Debbie Koch
- Enrollment: Min. 6 Max. 14
- Fee: $10.00
- Code: Age: Date: Day: Time: Place:
  #304322B 3-5 yrs 11/5-11/26 T 9:00-10am ACTCTR
STORYWALK ADVENTURES

SEWING A TRAVELING PILLOW
Join us and learn how to sew a small pillow to take in the car with a pocket for a book, game, or whatever else you may want to take along with you. A sample of the project will be in the Great Bend Rec Office (1214 Stone St.) for you to look at. Each student will need to bring 2/3 yard of fabric (soft cotton or flannel). All other materials will be provided. Parents are welcome to attend this class with their children. This program will meet at the Cottonwood Extension District Office (1800 12 St.). The deadline to sign up is Monday, September 30th.

Instructor: Cindy Warner
Enrollment: Min. 4 Max. 7
Fee: $13.00

Code: Age: Date: Day: Time: Place:
#309007D 8 and older 10/2 W 3:30-5:30pm EXTOF

ARTS & CRAFTS AT PARK
Are you looking for an adventure in arts and crafts? If so, we have just the classes for you at Park School. Each week will be full of different art and craft projects that may include ceramics, painting, cartooning, special holiday projects, crafts, drawing along with other fun arts and crafts adventures.

Instructors: Amber Shattuck or Trisha Ryff
Enrollment: Min. 6 Max. 14
Fee: $11.00

Code: Age: Date: Day: Time: Place:
#304311A 5-12 yrs 10/7-10/10 MTWTH 3:30-5:30pm PRK
#304311B 5-12 yrs 10/14-10/17 MTWTH 3:30-5:30pm PRK
#304311C 5-12 yrs 10/28-10/31 MTWTH 3:30-5:30pm PRK
#304311D 5-12 yrs 11/4-11/7 MTWTH 3:30-5:30pm PRK
#304311E 5-12 yrs 11/11-11/14 MTWTH 3:30-5:30pm PRK
#304311F 5-12 yrs 11/18-11/21 MTWTH 3:30-5:30pm PRK
#304311G 5-12 yrs 12/2-12/5 TWTH 3:30-5:30pm PRK

DODDLING & CARTOONING
We invite you to join us for some fun doodling and drawing with different shapes and patterns. Coloring and patterning are relaxing activities that encourage self-expression sending you on a creative adventure. We’re also going to be drawing some funny cartoon characters by following some simple step by step instructions. No class October 21st and 22nd.

Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $13.00

Code: Age: Date: Day: Time: Place:
#304311A 5-12 yrs 10/7-10/11 M 3:30-5:30pm LIN
#304311B 5-12 yrs 10/8-10/11 T 3:30-5:30pm EISEN

ARTS AND CRAFTS
Join your friends in this popular and creative class. This class is full of seasonal crafts, painting, holiday themed projects and more. No class October 22nd and 24th.

Instructor: Nancy Schuetz (Jefferson)
Instructor: Cindy Warner (Eisenhower)
Enrollment: Min. 6 Max. 14
Fee: $13.00

Code: Age: Date: Day: Time: Place:
#304311H 5-12 yrs 10/8-10/11 T 3:30-5:30pm JEFF
#304311I 5-12 yrs 10/10-10/14 TH 3:30-5:30pm EISEN
CERAMICS & CRAFTS
Don’t miss out on this popular ceramic class. We have fun projects picked out just for you. Students will also enjoy making some general crafts. No class October 22nd.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 12
Fee: $15.00
Code: Age: Date: Day: Time: Place:
#304319A 5-12 yrs 10/8-11/12 T 3:30-5pm LIN

CREATIVE COOKING
This class is intended to give your child the opportunity to create some very simple cooking projects and snacks. Partial scholarship available. No class October 23rd.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 12
Fee: $15.00
Code: Age: Date: Day: Time: Place:
#304326B 6-12 yrs 10/9-11/13 W 3:30-5pm LIN

SPOOKY HALLOWEEN WREATH
This fun Spooky Halloween Wreath will be a great Halloween decoration for your room.
Instructor: Deb Ficken (Eisenhower & Lincoln)
Instructor: Nancy Schuetz (Jefferson)
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007T 5-12 yrs 11/13 W 3:30-5pm JEFF

MIDDLE SCHOOL FALL ART STUDIO
It’s Friday and you’re done with school for another week, so why not walk on down to the Great Bend Rec Activity Center. We’ve got just the class for those kids that are older but love to paint and do crafts with their friends.
This will be a great way to end the week. Each class will have a different project.
Instructor: Deb Ficken
Enrollment: Min. 5 Max. 16
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007H 12-15 yrs 10/11 F 3:30-5pm ACTCTR
#309007I 12-15 yrs 10/12 F 3:30-5pm ACTCTR

BOO GHOST
BOO…. Don’t be scared to take this Halloween craft class.
Instructor: Deb Ficken (Eisenhower & Lincoln)
Instructor: Nancy Schuetz (Jefferson)
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007T 5-12 yrs 11/16 W 3:30-5pm JEFF

PAINT’N PUMPKINS
Pick out your pumpkin, paint a funny face, add a hat or some other fun things to it and then you will have your own Halloween Jack-O-Lantern.
Instructor: Deb Ficken (Eisenhower & Lincoln)
Instructor: Nancy Schuetz (Jefferson)
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007N 5-12 yrs 10/30 W 3:30-5pm JEFF

THE ART OF BIRDS
Learn about how birds have been used in different artwork. We’ll especially concentrate on the paintings of John James Audubon and write simple poems based on his works. We’ll also sculpt clay figures to take home based on bird mounts provided by the KWEC and make a feather craft.
Instructor: Mandy Kern, KWEC Program Specialist
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007Q 5-12 yrs 11/14 M 3:30-5pm JEFF
#309007R 5-12 yrs 11/6 W 3:30-5pm EISEN
#309007S 5-12 yrs 11/7 TH 3:30-5pm LIN

FALL PUMPKIN
Celebrate fall during this fall craft class.
Instructor: Deb Ficken (Eisenhower & Lincoln)
Instructor: Nancy Schuetz (Jefferson)
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007Z 6-14 yrs 12/18 W 3:30-5pm REC

BEADING FUN
We have a bunch of beads just waiting for you to create some fun necklaces, key chains, bracelets and other fun projects during this class.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007Y 5-12 yrs 11/21 TH 3:30-5pm JEFF

CERAMIC DAY
Enjoy the afternoon painting a fun ceramic piece that you could give to someone special or keep for yourself.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007Z 8-14 yrs 12/18 W 3:30-5pm REC

SANTA ELVES
We will be busy little elves preparing a special gift for someone this Christmas during this class.
Instructor: Deb Ficken (Eisenhower)
Instructor: Cindy Warner (Lincoln)
Instructor: Nancy Schuetz (Jefferson)
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007A 5-12 yrs 12/4 W 3:30-5pm EISEN
#309007B1 5-12 yrs 12/5 TH 3:30-5pm LIN
#309007C1 5-12 yrs 12/5 TH 3:30-5pm JEFF

DECK THE HALLS
Surprise everyone with these Christmas decorations! These holiday decorations will bring the Christmas spirit to any room.
Instructor: Deb Ficken (Eisenhower)
Instructor: Cindy Warner (Lincoln)
Instructor: Nancy Schuetz (Jefferson)
Enrollment: Min. 6 Max. 14
Fee: $10.00
Code: Age: Date: Day: Time: Place:
#304311J 5-12 yrs 12/9-12/11MTW 3:30-5pm EISEN
#304311K 5-12 yrs 12/10-12/12TH 3:30-5pm JEFF

WAGON WHEEL WEAVING
Take those old t-shirts and turn them into a bowl or mat to sit on your dresser to hold your jewelry, cell phone, money or any other valuable knickknacks.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 10
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007Z 6-14 yrs 12/18 W 3:30-5pm REC
CHRISTMAS GIFT CERAMICS
Are you looking for a Christmas gift idea for someone? If so, why not give that person a ceramic piece that you painted yourself. We have several odds and ends of ceramic pieces leftover that you can pick from.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007I 5-12 yrs 12/19 TH 3:30-5pm REC

JEFFERSON

ARTS AND CRAFTS
Join your friends in this popular and creative class. This class is full of seasonal crafts, painting, holiday themed projects and more. No class October 22nd.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $13.00
Code: Age: Date: Day: Time: Place:
#309007I 5-12 yrs 12/19 TH 3:30-5pm REC

SPOOKY HALLOWEEN WREATH
This fun Spooky Halloween Wreath will be a great Halloween decoration for your room.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007G 5-12 yrs 10/10 TH 3:30-5pm JEFF

PAINT’N PUMPKINS
Pick out your pumpkin, paint a funny face, add a hat or some other fun things to it and then you will have your own Halloween Jack-O-Lantern.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007P 5-12 yrs 10/31 TH 3:30-5pm JEFF

THE ART OF BIRDS
Learn about how birds have been used in different artwork. We’ll especially concentrate on the paintings of John James Audubon and write simple poems based on his works. We’ll also sculpt clay figures to take home based on bird mounts provided by the KWEC and make a feather craft.
Instructor: Mandy Kern, KWEC Program Specialist
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007Q 5-12 yrs 11/4 M 3:30-5pm JEFF

FALL PUMPKIN
Celebrate fall during this fall craft class.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
#309007V 5-12 yrs 11/14 TH 3:30-5pm JEFF

CERAMIC DAY
Enjoy the afternoon painting a fun ceramic piece that you could give to someone special or keep for yourself.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007Y 5-12 yrs 11/21 TH 3:30-5pm JEFF

SANTA ELVES
We will be busy little elves preparing a special gift for someone this Christmas during this class.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007C 5-12 yrs 12/5 TH 3:30-5pm JEFF

DECK THE HALLS
Surprise everyone with these Christmas decorations! These holiday decorations will bring the Christmas spirit to any room.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $10.00
Code: Age: Date: Day: Time: Place:
#304311G 5-12 yrs 12/3-12/5 TWTH 3:30-5pm PRK

PARK

ARTS & CRAFTS AT PARK
Are you looking for an adventure in arts and crafts? If so, we have just the classes for you at Park School. Each week will be full of different art and craft projects that may include ceramics, painting, cartooning, special holiday projects, crafts, drawing along with other fun arts and crafts adventures.
Instructors: Amber Shattuck or Trisha Ryff
Enrollment: Min. 6 Max. 14
Fee: $11.00
Code: Age: Date: Day: Time: Place:
#304311A 5-12 yrs 10/7-10/10 MTWTH 3:30-5pm PRK
#304311B 5-12 yrs 10/14-10/17 MTWTH 3:30-5pm PRK
#304311C 5-12 yrs 10/21-10/24 MTWTH 3:30-5pm PRK
#304311D 5-12 yrs 10/28-10/31 MTWTH 3:30-5pm PRK
#304311E 5-12 yrs 11/4-11/7 MTWTH 3:30-5pm PRK
#304311F 5-12 yrs 11/11-11/14 MTWTH 3:30-5pm PRK
#304311G 5-12 yrs 11/18-11/21 MTWTH 3:30-5pm PRK
#304311H 5-12 yrs 12/1-12/4 MTWTH 3:30-5pm PRK

LINCOLN

BOO GHOST
BOO…. Don’t be scared to take this Halloween craft class.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place:
#309007L 5-12 yrs 10/17 TH 3:30-5pm LIN

EVENTS

FALL MIDDLE SCHOOL DANCE
This dance is open to all Great Bend Middle School students. The dance will be held on Friday, October 4th from 7:00 – 9:00 pm at the Great Bend Rec Activity Center (2715 18th St.). Entry fee is $5.00 per student. Students need to show GBMS student ID cards when entering dance. The dance will be supervised by staff from the 20th Judicial District Juvenile Services and Great Bend Recreation Commission. Pizza will be available for $1.00 per slice. Popcorn and water will also be provided for no charge. Please give the GBRC a call at 793-3755 ext. 110 if you have any questions.

SANTA’S WORKSHOP
December 2, 2019
6:00-8:00 pm
City Auditorium
Mark your calendars! GBHS students will be providing a festive evening of fun, games, holiday crafts with musical entertainment provided by the Middle School. For information: GBREC FACEBOOK.
DOODLING & CARTOONING
We invite you to join us for some fun doodling and drawing with different shapes and patterns. We’re also going to be drawing some funny cartoon characters by following some simple step by step instructions. No class October 21st.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $13.00
Code: Age: Date: Day: Time: Place: #304335A 5-12 yrs 10/7-11/18 M 3:30-5pm LIN

CERAMICS & CRAFTS
Don’t miss out on this popular ceramic class. We have fun projects picked out just for you. Students will also enjoy making some general crafts. No class October 22nd.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 12
Fee: $15.00
Code: Age: Date: Day: Time: Place: #304319A 5-12 yrs 10/8-11/12 T 3:30-5pm LIN

CREATIVE COOKING
This class is intended to give your child the opportunity to create some very simple cooking projects and snacks. Partial scholarship available. No class October 23rd.
Instructor: Cindy Warner
Enrollment: Min. 6 Max. 12
Fee: $15.00
Code: Age: Date: Day: Time: Place: #304326B 6-12 yrs 10/9-11/13 W 3:30-5pm LIN

SPOOKY HALLOWEEN WREATH
This fun Spooky Halloween Wreath will be a great Halloween decoration for your room.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007O 5-12 yrs 10/31 TH 3:30-5pm LIN

PAINT’N PUMPKINS
Pick out your pumpkin, paint a funny face, add a hat or some other fun things to it and then you will have your own Halloween Jack-O-Lantern.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007S 5-12 yrs 11/7 TH 3:30-5pm LIN

THE ART OF BIRDS
Learn about how birds have been used in different artwork. We’ll especially concentrate on the paintings of John James Audubon and write simple poems based on his works. We’ll also sculpt clay figures to take home based on bird mounts provided by the KWEC and make a feather craft.
Instructor: Mandy Kern, KWEC Program Specialist
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007T 5-12 yrs 11/13 W 3:30-5pm EISEN

FALL PUMPKIN
Celebrate fall during this fall craft class.
Instructor: Deb Ficken
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Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007U 5-12 yrs 11/14 TH 3:30-5pm LIN

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Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007V 5-12 yrs 11/21 TH 3:30-5pm LIN

SANTA ELVES
We will be busy little elves preparing a special gift for someone this Christmas during this class.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007T  5-12 yrs 12/4 W 3:30-5pm EISEN

DECK THE HALLS
Surprise everyone with these Christmas decorations! These holiday decorations will bring the Christmas spirit to any room.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $10.00
Code: Age: Date: Day: Time: Place: #304331J 5-12 yrs 12/9-12/11MTW 3:30-5pm EISEN

PHOTO CREDIT
LINCOLN

DOODLING & CARTOONING
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CERAMICS & CRAFTS
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Enrollment: Min. 6 Max. 12
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Code: Age: Date: Day: Time: Place: #304326B 6-12 yrs 10/9-11/13 W 3:30-5pm LIN

SPOOKY HALLOWEEN WREATH
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Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007O  5-12 yrs 10/31 TH 3:30-5pm LIN

PAINT’N PUMPKINS
Pick out your pumpkin, paint a funny face, add a hat or some other fun things to it and then you will have your own Halloween Jack-O-Lantern.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007S 5-12 yrs 11/7 TH 3:30-5pm LIN

THE ART OF BIRDS
Learn about how birds have been used in different artwork. We’ll especially concentrate on the paintings of John James Audubon and write simple poems based on his works. We’ll also sculpt clay figures to take home based on bird mounts provided by the KWEC and make a feather craft.
Instructor: Mandy Kern, KWEC Program Specialist
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007T 5-12 yrs 11/13 W 3:30-5pm EISEN

FALL PUMPKIN
Celebrate fall during this fall craft class.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007U 5-12 yrs 11/14 TH 3:30-5pm LIN

BEADING FUN
We have a bunch of beads just waiting for you to create some fun necklaces, key chains, bracelets and other fun projects during this class.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007V 5-12 yrs 11/21 TH 3:30-5pm LIN

SANTA ELVES
We will be busy little elves preparing a special gift for someone this Christmas during this class.
Instructor: Nancy Schuetz
Enrollment: Min. 6 Max. 14
Fee: $9.00
Code: Age: Date: Day: Time: Place: #309007T  5-12 yrs 12/4 W 3:30-5pm EISEN

DECK THE HALLS
Surprise everyone with these Christmas decorations! These holiday decorations will bring the Christmas spirit to any room.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 14
Fee: $10.00
Code: Age: Date: Day: Time: Place: #304331J 5-12 yrs 12/9-12/11MTW 3:30-5pm EISEN

PHOTO CREDIT
WHEN SCHOOL IS OUT...  "THE REC" IS IN!

FHSU SMEI MAKERSPACE  KIDS DAY OUT

Are you ready for some fun science activities? If so, the Fort Hays State University SMEI (Science Mathematics Education Institute) Maker Van will be at the Great Bend Rec Activity Center for a full day of interesting science activities. Some of the activities include time in the updated planetarium, Squigglebots (simple vibration powered drawing robots), Eggbot (Drawing pattern on eggs/ping pong balls / small spherical things), Littlebits circuit kits (build robots / vehicles with circuitry kits), Evobot Robots, Programable Robots along with other organized activities. For lunch, students will enjoy pizza, fruit and a beverage. Snacks and beverages will be provided in the morning and afternoon. Entry deadline is October 14th. Partial scholarships are available.

Instructors: FHSU STEM Van Staff & Cindy Warner
Enrollment: Min. 10 Max. 20
Fee: $15.00

WHO IS MAD SCIENCE?

Mad Science is the world’s leading science enrichment provider. Their trained and enthusiastic Mad Scientists have engaged over 1 million children in the Great Kansas City area since 2002. Their innovative programs help kids learn about science through fun camps. They believe in the importance of being at the forefront of the industry and continue to create hands-on science programming for kids. Teaching science invites children to see themselves as scientists and encourage their curiosity. For more information about Mad Science, check out their web page at www.kansascity.madscience.org

KIDS DAY OUT WITH THE BIRDS

Join us for a fun and challenging adventure during this Kids Day Out. The morning will be spent at the Activity Center playing some games in the gym followed by some great organized activities and crafts in the classroom. Then in the afternoon, we’ll be bused out to the KWEC where you’re going to explore winter birds. Learn to ID different bird tracks in the snow, make a bird feeder to hang outside your window, participate in the Christmas Bird Count as you walk the trail with binoculars, build a bird nest, and learn about different types of eggs. After our bird adventure is over at the KWEC, we’ll load back up on the bus and return to the Activity Center to finish off the day with some other organized activities.

Students will be bused by USD 428, so please make sure you fill out a transportation request when you register your child.
Pizza, fruit and beverages will be provided for lunch.
Snacks and beverages will be provided in the morning and afternoon. Partial scholarships are available. The deadline to sign up is Thursday, December 18th. Partial scholarships are available.

Instructors: GBRC Staff & Mandy Kern, KWEC Program Specialist
Enrollment: Min. 10 Max. 25
Fee: $15.00

HOLIDAY KIDS DAY OUT WITH MIND SCULPT GAMES & BOWLING

Meet your friends at the Activity Center for some fun over the break. This fun day will include crafts, games, bowling, snacks and other fun organized activities. Darcy Leech, owner of Mind Sculpt Games, will lead participants in some exciting board games in the morning which are easy to learn and fun to play. Board games are a great way to build brains and relationships with face to face interaction. In the afternoon, we’re off to Walnut Bowl for some bowling. Students will be bused by USD 428, so please make sure you fill out a transportation request when you register your child. Students will be making their own ham and cheese sandwiches. Chips, fruit and beverages will be provided for lunch along with snacks in the morning and afternoon. The deadline to sign up is Thursday, December 18th. Partial scholarships are available.

Instructors: GBRC Staff & Darcy Leech, Owner of Mind Sculpt Games
Enrollment: Min. 10 Max. 25
Fee: $15.00 per day

PG10 GBRC INFORMATION 620.793.3755
INSTRUCTIONAL BASKETBALL
For 1st and 2nd grade boys and girls. Kids will learn basic basketball skills during practice and play games at the end of the program. This is a four-week program that will meet Tues/Thurs at the GBRC Activity Center. All participants will receive a t-shirt and medal.
Early Bird Registration: 9/16/19 – 9/29/19
Early Bird Fee: $25.00
Registration: 9/30/19 – 10/13/19
Fee: $35.00
Starting Date: 11/5/19

YOUTH BASKETBALL
3rd, 4th, 5th and 6th grade boys and girls. Players will learn the basic skills during practice and play games on weekends/weekdays. Teams will play 7 games with volunteers as coaches. All participants will receive a t-shirt. Practices begin 2-3 weeks before the starting date and a coach will call.
Early Bird Registration: 9/16/19 – 10/13/19
Early Bird Fee: $30.00
Registration: 10/14/19 – 11/3/19
Fee: $40.00

KINDERGARTEN INSTRUCTIONAL INDOOR SOCCER
All Kindergarten grade boys and girls are invited to enroll in our Instructional Soccer program. Players meet for 4 weeks on Tues/Thurs and learn soccer skills before playing games at the end of the program on those scheduled nights.
Early Bird Registration: 9/16/19 – 11/4/19
Early Bird Fee: $25.00
Registration: 11/5/19-1/12/20
Fee: $35.00
Starting Date: Kindergarten 2/11/20
Starting Date: 12/7/19

1ST GRADE INSTRUCTIONAL INDOOR SOCCER
1st grade boys and girls are invited to enroll in our Instructional Soccer program. Players meet for 4 weeks on Tues/Thurs and learn soccer skills before playing games at the end of the program on those scheduled nights.
Early Bird Registration: 9/16/19 – 2/2/20
Early Bird Fee: $25.00
Registration: 2/3/20-2/23/20
Fee: $35.00
Starting Date: 1st Grade 3/17/20

YOUTH INDOOR SOCCER LEAGUES
All 2nd, 3rd, 4th, 5th & 6th grade boys and girls are invited to participate in our very popular indoor soccer program. Teams will play 7 games with volunteers as coaches. All participants will receive a t-shirt. Practices begin 2-3 weeks before the starting date and a coach will call.
Early Bird Registration: 9/16/19 – 11/4/19
Early Bird Fee: $30.00
Registration: 11/5/19-1/12/20
Fee: $40.00

ONLINE REGISTRATION AVAILABLE NOW!
www.greatbendrec.com

TEAM PHOTOS
- Flag Football – September 30th
- Outdoor Soccer – October 1st
- Instructional Soccer – September 10th
- Instructional Volleyball – September 9th
- Elementary Volleyball – October 7th
- Instructional Basketball – November 7th
- Youth Basketball – December 16th

TEAM PHOTOS taken at
GB ACTIVITY CENTER, 2715 18th Street
unless specified on game field sites.
Check GBRC Website for details:
www.greatbendrec.com

MEET THE TEAM
Starting Date: 3/7/20
MIDDLE SCHOOL INDOOR SOCCER
7th and 8th grade boys and girls are invited to participate in our very popular indoor soccer program. Teams will play 7 games with volunteers as coaches. All participants will receive a t-shirt. Practices begin 2-3 weeks before the starting date and a coach will call.
Early Bird Registration: 9/16/19 – 12/29/19
Early Bird Fee: $30.00
Registration: 12/30/19 – 1/12/20
Fee: $40.00
Starting Date: 2/2/20

HIGH SCHOOL GIRLS INDOOR SOCCER
9th – 12th Grade
Our most popular intramural indoor soccer program, for high school girls’ grades 9 – 12. Teams will play a maximum of 6 games on weekdays/weekends in the City Auditorium. 6 team maximum and 4 team minimum.
Cost includes a team game ball.
Early Bird Registration: 9/16/19 – 12/29/19
Early Bird Fee: $110.00
Registration: 12/30/19-1/12/20
Fee: $120.00
**SPORTS**

**HIGH SCHOOL BOYS INDOOR SOCCER 9TH – 12TH Grade**
Our most popular intramural indoor soccer program, for high school girls’ grades 9 – 12. Teams will play a maximum of 8 games on weekdays/weekends in the City Auditorium. 8 team maximum and 4 team minimum.
Cost includes a team game ball.
Early Bird Registration: 9/16/19 – 12/29/19
Early Bird Fee: $130.00
Registration: 12/30/19-2/2/20
Fee: $140.00

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**WEATHER CANCELLATIONS**

**BUMPER BOWL OF TINY TYKES**
Introduce your preschooler to this fun activity. Let’s Go Bowling! Your preschooler will be instructed on how to roll the ball down the lanes and knock down those pins! A fun activity for the whole family. For more information and to get registered, please call Walnut Bowl at 793-9400 by September 27th.
Instructor: Walnut Bowl Staff
Fee: $10.00
Age: 3-5 yrs
Date: 10/3-10/24
Day: TH
Time: 5:00-6pm
Place: WAL

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**HOW EASY IS IT TO LEARN TO BOWL?**
Are you in Middle School and wanting to learn how easy and fun it is to bowl? If so, call Walnut Bowl at 793-9400 and get registered for this free 4-week bowling program that will meet on Thursday afternoons from 4:00 – 5:00 pm starting September 19th. During this 4-week time frame, students will receive bowling instruction to learn the basic skills needed to bowl.

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**10 FOR 10 BOWLING LEAGUES**
It’ll be the most fun you’ll have playing one of America’s fastest growing recreational sports. When you join the 10 For 10 bowling league you get: a free bowling ball, 1-year USBC basic youth membership and card, USBC recognized average, eligibility for tournament competition and league award emblems. The league is open to children ages 4 thru 10 and runs 10 weeks and has a one-time fee of $100. That covers all your bowling (20 games) and shoe rental fees for the league. For more information and to get registered, please call Walnut Bowl Staff at 793-9400 by September 27th.

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**3 ON 3 HIGH SCHOOL BASKETBALL LEAGUE**
Not on the high school basketball team? Don’t let that stop you from playing your favorite sport. For grades 9 – 12. Teams will play 8 short court games at the City Auditorium.
Early Bird Registration: 9/16/19 - 11/17/19
Early Bird Fee: $45.00
Registration: 11/18/19 - 12/01/19
Fee: $55.00
League Starting Date: 12/9/19

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**DISC GOLF WINTER MARKSMAN LEAGUE**
This is a nationally recognized league that focuses on Disc Golf putting. This league is perfect for beginners and advance players. Junior (14 years and younger) and Adult (15 years and older) divisions are available. The league will run December 2nd thru January 13th. League fee is $15.00 and this includes a commemorative disc from Dynamic Disc. More information can be found at https://udisc.com/marksmen/. GBRC has disc available for anyone to use during the league.

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**COACHING**

The Recreation Commission relies on parents and volunteers making a difference in kids’ lives by coaching. All the training and resources are provided. Practices are scheduled on your free time. Coaches shall attend a coaches clinic and NYSCA certification, a background check and be a coach during practices and games. For more information, contact Paul Zamarripa, Asst. Sports Director at 793-3755 ext. 117.
TOURNAMENTS

INDOOR SOCCER ADULT TOURNAMENT
1st Annual Pre-Season Tournament. This indoor soccer tournament will be double elimination. 8 team maximum and 4 team minimum. Each team will play with 4 players and a goalie. 10 players max per roster.
Early Bird Registration: 9/16/19 – 12/29/19
Early Bird Fee: $75.00
Registration: 12/30/19 – 1/26/20
Fee: $85.00
Tournament Dates: February 1-2, 2020
Place: City Auditorium

YOUTH BASKETBALL TOURNAMENT
GBRC has partnered with Kansas Youth Basketball Academy Foundation to offer the 3rd Annual tournament again this year. This tournament is geared to all levels of play. You form your own team of players and can sign up at: www.kbaf.org
Registration deadline: January 26th
Fee: $150
Ages: 1/2 Grade, 3/4 Grade, 5/6 Grade
Tournament Date: February 8th, 2020

DISC GOLF WINTER MARKSMAN LEAGUE
This is a nationally recognized league that focuses on Disc Golf putting. This league is perfect for beginners and advance players. Junior (14 years and younger) and Adult (15 years and older) divisions are available. The league will run December 2nd thru January 13th. League fee is $15.00 and this includes a commemorative disc from Dynamic Disc. More information can be found at https://udisc.com/marksman/. GBRC has disc available for anyone to use during the league.

ADULT INDOOR SOCCER LEAGUE
Teams will play 7 games on Tuesday and Thursday evenings and conclude with a single elimination tournament. A game ball is included in the team fee.
Early Bird Registration: 9/16/19 - 1/12/20
Early Bird Fee: $260.00
Registration: 1/13/20 - 1/26/20
Fee: $280.00
League Starting Date: 2/6/20

ADULT YOUTH BOWLING LEAGUE
Looking for some family fun? If so, get registered for this Adult Youth Bowling League that will meet on Sundays. This league is geared for children ages 8 – 17 accompanied by an adult 18 and older. The league will run for 12 weeks starting September 15th and end on December 1st. Each week participants will bowl 3 games. The fee is $8.00 per person each week (this includes shoe rental).
For more information and to get registered, please call Walnut Bowl at 793-9400 by September 9th.

Online Registration Available Now! www.greatbendrec.com

PG13 GBRC INFORMATION 620.793.3755

SCOPE OF WORK

DISC GOLF TOURNAMENTS
The Great Bend Disc Golf Course is available throughout the year. There is league play during the week on Tuesday nights and tournaments throughout the year. Enrollments can be done on the day of the tournament, on our website or through www.discgolfsence.com. Flyers and additional information will be available as dates get closer. There are all levels available for all skill levels. GBRC will check out discs for those that would like to get started.
Tournament Dates: September 22nd, October 22nd
Fee: $20 -$40 dependent upon tournament level

PICKLEBALL TOURNAMENT
1st Annual Pickleball Tournament. Put it on your calendar with more information to come this October.
Early Bird Registration: 9/16/19 – 10/13/19
Early Bird Fee: $25.00
Registration: 10/14/19 – 10/27/19
Fee: $30.00
Tournament Dates: November 2-3, 2019

TRADITIONAL BASKETBALL LEAGUE
Form a team for our Adult Men’s 5 on 5 basketball league. Teams will play 8 games. Games officiated and played in the City Auditorium on Sunday evenings.
Early Bird Registration: 9/16/19 - 10/27/19
Early Bird Fee: $250.00
Registration: 10/28/19 - 11/10/19
Fee: $260.00
League Start Date: 11/17/19

3 ON 3 HIGH SCHOOL BASKETBALL LEAGUE
Not on the high school basketball team? Don’t let that stop you from playing your favorite sport. For grades 9 – 12. Teams will play 8 short court games at the City Auditorium.
Early Bird Registration: 9/16/19 - 11/17/19
Early Bird Fee: $45.00
Registration: 11/18/19 - 12/01/19
Fee: $55.00
League Starting Date: 12/9/19

3 ON 3 ADULT BASKETBALL LEAGUE
This 3 on 3 league is basketball with a twist. Put your team together and join us out on the court! Teams will play 8 games. Games with be played in the City Auditorium on Monday, Wednesday and Sunday evenings.
Early Bird Registration: 9/16/19 - 9/29/19
Early Bird Fee: $45.00
Registration: 9/30/19 - 10/6/19
Fee: $55.00
League Start Date: 10/13/19

DROPM IN HORSESHOES
Are you 16 years old or older and enjoy playing horseshoes? If so, we have a night set up for people interested in playing horseshoes. Once a week, individuals can get together and enjoy a fun evening playing horseshoes. This free drop-in event will be held at the horseshoe pits located in Brit Spaugh Park (across from Park Elementary School). This drop-in night will be held on Thursday evenings beginning September 26th and running thru October 24th starting at 6:30 pm. Please bring your own horseshoes.

ADULT YOUTH BOWLING LEAGUE
Looking for some family fun? If so, get registered for this Adult Youth Bowling League that will meet on Sundays. This league is geared for children ages 8 – 17 accompanied by an adult 18 and older. The league will run for 12 weeks starting September 15th and end on December 1st. Each week participants will bowl 3 games. The fee is $8.00 per person each week (this includes shoe rental).
For more information and to get registered, please call Walnut Bowl at 793-9400 by September 9th.

ONLINE REGISTRATION AVAILABLE NOW! www.greatbendrec.com
Indoor Walking @ “the Rec”
At GBRC, we don’t let the weather prevent us from walking or jogging! This service is free to the public and we enjoy seeing our walking track in use.
Hours Monday –Friday: 8am-5pm

Noon Basketball
The Noon Basketball Association (NBA) meets year round on weekdays M - F to any adults over the noon hour to drop in and play basketball over the lunch hour. Enjoy socialization and getting exercise while playing pick-up games.
Time: 12noon- 1:00 pm
Fee: $25.00 annually

BEGINNER PICKLEBALL CLINIC
Whether you’ve never played the game or are a new player, this free drop in clinic is for you. It will orient you with the game's fundamentals, strategy, scoring and teach you how to play Pickleball. Make sure you wear tennis shoes and come ready to learn how to play Pickleball!

Pickleball Staff: Shannon Shartz and Debbie Munz will be available for the clinics.

For Beginner Clinic questions, contact GBREC. 620.793-3755

DAYS/TIMES:
Mornings & Evenings Available at City Auditorium & GB Activity Center

City Auditorium Mornings from 9-11 am
September 17, 18, 24, 25 October 8, 9, 15, 16
GB Activity Center Wednesday Evenings from 6-8 pm
September 25, October 9, October 23, November 13, December 11

DROP IN PICKLEBALL
Drop in to play Pickleball at the City Auditorium or GB Activity Center. Bring a friend!

DAYS/TIMES:
Mornings & Evenings Available at City Auditorium & GB Activity Center

City Auditorium Mornings from 8-11 am M-F
Afternoons: 1:00-3:00 pm M-F Sundays 1-5 pm until Nov. 7th
GB Activity Center Wednesday Evenings from 6-8 pm on designated dates. Check with us!

Friday Night Court Times
Available at GB Activity Center
Contact GBREC office 620.793.3755
ENRICHMENT

OIL PAINTING & PAINTING
TECHNIQUES
This class is designed for the student who wants to learn to paint in oils/acrylics or to expand their own painting techniques. You’ll enjoy learning new techniques, styles and tips. Paintings can be done from patterns, drawings or photographs. The fee does not include supplies. Please pick up your materials list when you register for this class.
Instructor: Margaret Bartholomew
Enrollment: Min. 6 Max. 16
Fee: $16.00
Code: Age: Date: Day: Time: Place:
#309005A 16 yrs & up10/1-11/19 T 7:00-9pm REC

LINE DANCING
Enjoy a night out with a little line dancing! It has never been so easy to learn these simple and fun dances! We’ll be dancing to the oldies and the latest hits. It’s a great way to exercise also. No partner is needed. Participants must wear Zumba sneakers, non-marking tennis shoes or socks. NO boots or hard sole shoes allowed.
Instructors: Cathy Weber & Ellen Fischer
Enrollment: Min. 10 Max. 25
Fee: $13.00
Code: Age: Date: Day: Time: Place:
#304364A 16 yrs & up10/6-11/12 T 7:30-9pm ACTCTR

HALLOWEEN PAINTIN’ NIGHT OUT
It’s about time you grab a couple of your friends and enjoy a fun night of painting this Halloween project. This is a simple painting project perfect for everyone to complete.
Instructor: Margaret Bartholomew
Enrollment: Min. 6 Max. 16
Fee: $10.00
Code: Age: Date: Day: Time: Place:
#309005A 16 yrs & up10/10 TH 7-8:30pm REC

BEGINNER’S WOODCARVING
The beginner’s wood carving class is designed to teach the beginning elements of safety and how to use the carving tools.
We will complete at least one basic project that will help the beginner understand how to make basic carving knife cuts, how to add details and how to understand basic design. The class will be working on a simple Santa project. The fee includes wood and a wood carving knife for you to keep. This class will be held at the Senior Center, 2005 Kansas Ave. Registration deadline is October 4th.
Instructors: Tim Boxberger with assistance from other Golden Belt Wood Carvers club members
Enrollment: Min. 6 Max. 12
Fee: $22.00
Code: Age: Date: Day: Time: Place:
#309005B 16 yrs & up10/10-10/24TH 6:30-8:30pmSRCTR

CERAMICS & COFFEE
Come on down to the Rec and paint some ceramics, drink some coffee and have some fun. We have accumulated several leftover pieces of ceramics (Halloween, Fall, Thanksgiving, Christmas, animals along with others) over the year that you can choose from to paint.
Instructor: Deb Ficken
Enrollment: Min. 6 Max. 16
Fee: $10.00
Code: Age: Date: Day: Time: Place:
#309005C 16 yrs & up10/12 SA 9-10:30am REC
#309005D 16 yrs & up11/9 SA 9-10:30am REC
#309005E 16 yrs & up12/7 SA 9-10:30am REC

FOUR PATCH STAR
QUILTING WORKSHOP
The Central Kansas Thread Benders and the Great Bend Recreation Commission are co-sponsoring a Quilting Workshop featuring the Four-Patch Star. This quilt will be taught using a jelly roll (42 strips of 2 ½ inch wide fabric) but can also be constructed with scraps from your fabric stash. Participants will learn (1) an easy and fast method of making 4 patch blocks, (2) how to make accurate half square triangles, (3) adding sashing and cornerstones to your quilt, and (4) measuring for accurate borders. This workshop will be held on Saturday, November 2nd, 2019, in the GBRC Burnside Room (1214 Stone St.) from 9:00 am to 3:00 pm. Stop by the GBRC office to view the project and pick up a supply list after October 1st. For more information or to register, contact Margaret Evers at 620-793-7166. The fee for this activity is $20 per person. Class size is limited to 10 students.

BUILD YOUR OWN TERRARIUM
Join K-State Research and Extension for an evening of terrarium building! Build your own mini ecosystem in glass containers and learn everything necessary to grow healthy succulent plants in an enclosed glass vessel. All materials will be provided, but you are more than welcome to bring your own terrarium container.
No experience necessary to complete your very own terrarium. The class will be taught by Lauren Walz, Horticulture Agent with the K-State Research & Extension Cottonwood District. This class will be held on Wednesday, November 6th, at the Great Bend Recreation Commission, Burnside Room (1214 Stone St.) Building from 5:30 – 6:30 pm. The registration fee is $30. The class is open to anyone ages 12 and older. To register or for more information, please call the Cottonwood Extension Office at 620-793-1910 or stop by 1800 12th Street. The registration deadline is Friday, October 11th.

FABULOUS FALL CANVAS NIGHT OUT
Fall has so many fabulous colors that you’re going to want to grab your friends and get out of the house and have some fun painting this Fabulous Fall canvas project. You don’t have to be a great painter to paint this canvas to help decorate your home for fall.
Instructor: Margaret Bartholomew
Enrollment: Min. 6 Max. 16
Fee: $10.00
Code: Age: Date: Day: Time: Place:
#309005H 16 yrs & up11/7 TH 7-8:30pm REC
STOP ‘N LEARN

BETTER BRAINS FOR BABIES
Supporting the healthy development of the young child’s brain is both a tremendous opportunity and an awesome responsibility. Join us and learn what you can do to use the science of early brain development to make a difference in the well-being of our children. This program is based on a statewide initiative in the stage of Georgia.
Speaker: Berny Unruh, Cottonwood Extension District Agent
Fee: None

GREAT BEND POLICE & FIRE DEPARTMENTS (DRONE Operation)
The use of unmanned aerial systems (Drones) is growing quickly in many industries. The Great Bend Police & Fire Departments are also utilizing Drones to help them in several situations in the community. Join us and learn how they are using them to aid in search and rescue, surveillance, wildland fires, and aerial scene photography.
Speakers: GBPD Lt. Heather Smith & GBFD Engineer Mike Smith
Fee: None

NIGHT CREATURES
Cheyenne Bottoms comes alive after dark. Listen to the sounds of resident nocturnal animals and meet the critters as you learn about their unique adaptations for life after the sun goes down. Program will include a visit with a bat, owl, frog, toad, and more.
Speaker: Mandy Kern, KWEC Program Specialist
Fee: None

MUSIC IN THE FALL
Make plans to join us for Music In The Fall with the Great Bend Middle School Women In Harmony group. They will be performing some of their new songs they’ve been working on this fall. A catered meal will begin at noon and the entertainment will be held from 12:15 – 12:45 pm followed by time to visit with your friends before you head back to work at 1:00 pm. Registration is due to the Great Bend Recreation Commission by Noon on Monday, November 4th. For lunch, we’ll be serving chicken noodles or chili soup, veggie tray, cinnamon rolls, and beverage.
Enrollment: Min. 15 Max. 40
Fee: $10.00

INTERESTING HISTORY OF BARTON COUNTY
Are you interested in learning more about the History of Barton County? If so, join us and hear what Tina has to share. We’re also going to leave some time for any questions you may have about our county’s past.
Speaker: Tina Mingenback, Barton County Historical Society Director
Fee: None

BONDING THROUGH BOARD GAMES
“Bonding Through Board Games” is a tool to strengthen family relationships using board games as a medium. Board games foster the six major qualities strong families exhibit across cultures worldwide and in all family types. Board games are also a great way to span the generations. Vital soft skills of life success are also developed when families play board games on a regular basis. Simple and fun games will be introduced to families inspiring them to create a family board game night of their own.
Speaker: Donna Krug, Cottonwood Extension District Agent
Fee: None

TWO-STEPPING
Grab your partner and have some fun learning how to two-step. All participants must have a partner for this class. Participants must wear Zumba sneakers, non-marking tennis shoes or socks. NO boots or hard sole shoes allowed.
Instructors: Bill & Cathy Weber
Enrollment: Min. 6 Max. 25
Fee: $12.00 per person

WHAT IS PICKLEBALL?
What is Pickleball? It’s one of the fastest growing sports in American. Pickleball is a combination of tennis, Ping Pong, Whiffle Ball and badminton. The game is played on a smaller court with a paddle and a whiffle ball. It’s a great game for all ages and skill levels. Join us and we’ll show you how the game is played and how easy and inexpensive it is to get started playing.
Speakers: Shannon Schartz & Debbie Munz
Fee: None

CHRISTMAS CANVAS NIGHT OUT
Come on, grab a couple of your friends and get out of the house and have some fun painting this fun Christmas canvas project. You don’t have to be a great painter to paint this canvas to help decorate your home for Christmas.
Instructor: Margaret Bartholomew
Enrollment: Min. 6 Max. 16
Fee: $10.00

Enrollment:   Min. 6   Max. 16
Fee: $10.00
Code: Age: Date: Day: Time: Place: #309005i 16 yrs & up/12/5  TH  7-8:30pm REC

Rainout Line
620-792-3214
View online, sign up for alerts, or text messages. Use the free app in the App Store!
50+ CRAFTS

50 PLUS CRAFT CLASSES
Check the Adult Enrichment Section for other classes available in the Arts & Crafts Area.

50 PLUS CRAFT
Come and enjoy an afternoon of crafting with your friends at the Rec! These are the perfect crafts for all. All supplies will be furnished. Please pre-enroll with the Great Bend Rec.
Instructor: Debbie Jones
Enrollment: Min. 6 Max. 12
Fee: $10.00

CODE: Age: Date: Day: Time: Place:
#30466S 50&up 9/11 W 1:30-2:30pmREC
#30466S 50&up 10/9 W 1:30-2:30pmREC
#30466D 50&up 11/13 W 1:30-2:30pmREC
#30466E 50&up 12/11 W 1:30-2:30pmREC

COFFEE & CRAFTS
Come and enjoy a morning of crafting and coffee at the Activity Center! Participants will enjoy a specialty cup of coffee, conversation, and leave with a craft.

September 19 – FRAME FUN
We will make a photo frame that will be able to hang on the wall and hold multiple photos. Feel free to bring a few of your printed pictures with you!

October 15 – MASON JAR PUMPKIN
We will create a fall pumpkin out of mason jar lids in this class.

November 21 – SANTA HAT
This Santa Hat cutout is the way to go for cute front door décor.

December 19 – LET IT SNOW
We will be decorating this shiplap looking wood canvas with the saying “Let it Snow”.

Instructor: Debbie Jones
Enrollment: Min. 5 Max. 12
Fee: FREE

ONLINE REGISTRATION AVAILABLE NOW!
www.greatbendrec.com

SR CENTER

GENERAL PUBLIC TRANSPORTATION
Services provided to the elderly, handicapped, and general public. Individuals should call a day ahead to make reservations at 792-3859 between the hours of 7:00am and 5:00pm Monday thru Friday.

SENIOR CENTER RENTAL
Contact the Senior Center at 792-3906.

FRIENDSHIP MEALS
Meals are served at noon Monday thru Friday at the Senior Center, 2005 Kansas Avenue. Meals are provided through the Friendship Meals program. There is not a better meal in town, and the price is so reasonable, with a suggested contribution of $3.50 for people over 60 years of age, for people under 60, the meal is $5.75. Please call the Senior Center at 792-3906 before 5pm the day before you want to eat or reserve meals for a week! We also have carry out meals – with reservations by 5pm the day before and pick up after 11:30am NO DELIVERIES
Frozen meals are available for $3.50.

BIRTHDAY & ANNIVERSARY CELEBRATION
Come celebrate your birthday or anniversary with your friends at the Senior Center on the first Monday of the month at noon. Call 792-3906 for lunch reservations.

COFFEE & DOUGHNUTS
Enjoy conversation, coffee, and doughnuts every Tuesday morning at 8:30am until gone at the Senior Center.

SENIOR CENTER POTLUCK DINNER
Bring a covered dish and enjoy visiting with your friends at the Senior Center Potluck dinner. It will be held on the second Tuesday of the month at the Senior Center at 5:30pm. There will be a small charge for the meat dish. Check the monthly senior newsletter for the amount being charged.

WEDNESDAY NIGHT PITCH
If you like to play 10-point Pitch, come to the Senior Center on Wednesday evenings at 7:00pm for a card playing good time.

DOMINOES
Come play a domino game that everybody can play and enjoy. If you don’t know how to play, we will show you. Dominoes are played every Tuesday and Thursday at 1:00pm at the Senior Center.

SENIOR COFFEE
Join USD #428 for an enjoyable morning of coffee and entertainment by the school's music departments at the Senior Center. Performances will be from 9:00-11:00am.

CANASTA
If you enjoy playing Canasta or would like to learn, come to the Senior Center on Tuesday, Wednesday, and Thursday at 1:00pm to play this fun card game.

ICE CREAM SOCIAL
Come to the Senior Center on the third Thursday afternoon of the month at 3:00pm and enjoy ice cream and conversation.

CROCHET CLUB
Are you wanting to learn to crochet or experienced in crocheting? This group is for you. This fun social group will be a great place to share patterns, ask questions, and work on ongoing projects. The club will meet at 1:00pm on Mondays at the Great Bend Senior Center. For more information about the group, contact the Senior Center at 792-3906.

ENRICHMENT

HALLOWEEN PARTY
Dress Up, if you would like, and join your friends for an afternoon of spooky fun, refreshments, and entertainment by USD 428 students.

THANKSGIVING DINNER
The pilgrims at the Senior Center are preparing a Thanksgiving feast for you and your friends. Call the Senior Center early at 792-3906 to make your reservation or for more information.

CHRISTMAS DINNER & OPEN HOUSE
Join your friends at the Senior Center for their Christmas dinner and the party after. There will be entertainment, refreshments, and the Senior Center Christmas fundraiser. Call the Senior Center early at 792-3906 to make your reservation.

SENIOR CENTER RENTAL
For more information about the group, contact the Senior Center at 792-3906.

ONTARIO REGISTRATION AVAILABLE NOW!
www.greatbendrec.com

GBRC INFORMATION 620.793.3755 PG17
HISTORICAL SOCIETY 101
Have you visited the Barton County Historical Society Museum, lately? If you haven’t you may have missed some of the great displays and events that have been going on. Join Tina Mingenback, Historical Society Director, as she updates us on all there is to see and do at the Barton County Historical Society.
Speaker: Tina Mingenback, Barton County Historical Society Director
Date: 10/25 F 1pm SRCTR

BONDING THROUGH BOARD GAMES
“Bonding Through Board Games” is a tool to strengthen family relationships using board games as a medium. Board games foster the six major qualities strong families exhibit across cultures worldwide and in all family types. Board games are also a great way to span the generations. Vital soft skills for life success are also developed when families play board games on a regular basis. Simple and fun games will be introduced during this program.
Speaker: Donna Krug, Cottonwood Extension District Agent
Date: 10/11 F 1pm SRCTR

QUALITY CARE OPTIONS
Join Leilani Schenkel, executive director of Almost Home, as she discusses the many options available to the community when it comes to assisted living facilities including Adult Care, Respite Services, and more.
Speaker: Leilani Schenkel, Executive Director of Almost Home
Date: 11/8 F 1pm SRCTR

BETTER BOWEL MOVEMENTS
Megan Beahm, Physical Therapist at St. Rose, specializes in pelvic health. She will present her “How to Poop Pep Talk” for improved bowel health.
Speaker: Megan Beahm, The University of Kansas Health System St. Rose Medical Pavilion
Date: 11/15 F 1pm SRCTR

CHRONIC PAIN AND DIZZINESS
Chronic pain is personal and the therapists at St. Rose are trained in tailoring the treatment to your needs. A multitude of factors can contribute to chronic pain such as stress, nutrition, loss of strength, lack of sleep, and the therapists at St. Rose have multiple treatment options such as stress management, breathing and exercises to help you decrease your pain. Dizziness can be caused by inner ear problems, medications, diabetes and can cause falls. The St. Rose therapists are trained to assess dizziness and to tailor a treatment program to work on the cause of dizziness.
Speaker: Allison Widener & Melanie Schroeter, Physical Therapists at The University of Kansas Health System St. Rose Medical Pavilion
Date: 11/22 F 1pm SRCTR

DEFENSIVE DRIVING
This two-day course is sponsored by Barton County Farm Bureau and the GBRC and is taught by an officer of the Barton County Sheriff’s Department. Most insurance companies will lower premiums for participants that receive certificates at the end of the class. Enroll by Wednesday, November 20th, 2019. Pre-registration is required but the fee will be collected the first day of the class.
Speaker: Steve Billinger, Barton County Sheriff Department
Fee: $10.00 (Barton County Farm Bureau Member) $15.00 (Non-Members)
Age: 16&up Date: 11/25-26 MT 6-9pm ACTCTR

MURDER AT THE JUICE JOINT
A Mystery in the Making! Gather evidence and clues while being part of the entertainment.... The Great Bend Recreation Commission is excited to announce a night of prohibition, speakeasies, sleuthing, scandals and secrets. Join the fun of the 1920’s with “Murder at the Juice Joint” and help solve this murder mystery at the Stone Ridge Country Club on Saturday, October 12th. This event promises to be a fun evening with dinner, costumes and interactive entertainment. Dinner included in mystery fee. Character descriptions and story history sent prior to the event. Prize awarded to the best costume and sleuth of the night.
Early-Bird Deadline: October 4, 2019
Late Registration: October 5-October 11, 2019
Enrollment: Min. 25 Max. 50
Early Bird Fee: $30.00
Late Registration Fee: $50.00
Code: #309100A Age: 16&up Date: 10/12 S 6:00pm Place: Stone Ridge

DANCE JAM
Are you ready to JAM out in this new exciting dance workout class? If so, join us for this cardio workout class with routines to pop, rock, country, international, Latin and hip-hop music that features choreography anyone can do at any level (beginners through advance). So, come have fun and let the music move you. No class on December 23rd, 25th and January 1st.
Instructor: Laurie McCurry
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)
Code: Age: Date: Day: Time: Place:
#304285C 16 yrs & up 10/7-11/20 MW 6:30-7:30pm ACTCTR
#104285E 16 yrs & up 12/30-1/22 MW 6:30-7:30pm ACTCTR
#104285F 16 yrs & up 12/2-1/22 MW 6:30-7:30pm ACTCTR

CRICUT WORKSHOP
During this workshop, we will complete 2-3 different cricut projects. Each project will cover a different cricut medium (etching, vinyl, paper, etc.). Each participant should bring their own cricut machine, mat, and computer. Wi-Fi will be available. This workshop will be held on Saturday, October 12th, in the GBRC Burnside Room from 9:00am to 3:00pm. For more information, contact Megan Hammeke at 620-793-3755 ext. 210. Enroll by Wednesday, October 9th, 2019. Class size is limited to 10.
Min. 5 Max. 10
Fee: $10.00
Code: Age: Date: Day: Time: Place:
#304605A 16&up 10/12 S 9am-3pm REC

ADULT
Note: For the safety of all . . . Be respectful of other patrons and do not bring your children to class. Exercise classes are designed for adults and young adults only!

GENTLE YOGA
This exercise class is for all ages but would be beneficial for those needing a chair or low impact exercise. Basic postures that include stretching, moving and breathing will help build strength, flexibility and balance. Please bring a sticky mat to class. No class on December 23rd, 24th, 26th and 31st.
Instructor: Dee Krier
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)

Cardio Mix Up
You will never be bored with this class. Participants will do something different every time we meet. It might be Step, Kickboxing, interval training, or cardio dancing and floor routines. During the last 20 to 30 minutes of class, we’ll also utilize weighted balls, kettlebells, Bosu balls and stability balls, along with bands and weights. Hope to see you there. No class on December 23rd, 25th, 27th and January 1st.
Instructor: Laurie McCurry
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)

Fit For Life
This exercise class is designed specifically for the older adult. It combines aerobic workouts, dance steps and stretching. The goal of this class is to improve balance, flexibility and strength. Instructors for the program are certified and trained in fitness for seniors. No class on December 23rd, 25th, 27th and January 1st.
Instructors: Karen Steffan & Laurie McCurry
Enrollment: Min. 10 Max. 25
Fee: $15.00
TAI CHI ADVANCE
This exercise class is designed for participants that have experience with Tai Chi and its movements. You’ll work on relaxation, fluid movements, balance and breathing. Flowing postures blend elements of physical exercise and relaxation. No class on December 23rd, 25th and January 1st.
Instructor: Dee Krier
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)

TAI CHI BEGINNERS
This exercise class is designed for participants that are newcomers to Tai Chi. Tai Chi promotes strength, balance, coordination, posture, concentration, and a general level of energy. This Chinese art is known as a means for dealing with stress and its health benefits and has eased the pain of arthritis and fibromyalgia. It has also helped the following conditions: heart disease, heart failure, hypertension, Parkinson’s disease, sleep problems and stroke! You’ll work on relaxation, fluid movements, balance and breathing. Flowing postures blend elements of physical exercise and relaxation. No class December 25th and January 1st.
Instructor: Dee Krier
Enrollment: Min. 10 Max. 25
Fee: $10.00
Fee: $10.00 (January only class)

TAI CHI INTERMEDIATE
This exercise class is for all ages, and promotes strength, balance, coordination, posture, concentration, and a general level of energy. Tai Chi is known as a means for dealing with stress and a variety of other health conditions and has eased the pain of arthritis and fibromyalgia. It has also helped the following conditions: heart disease, heart failure, hypertension, Parkinson’s disease, sleep problems and stroke! You’ll work on relaxation, fluid movements, balance and breathing. Flowing postures blend elements of physical exercise and relaxation. Participants do not have to complete the beginner’s class prior to taking this class. No class on December 24th, 26th and 31st.
Instructor: Dee Krier
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)

COFFEE, CARDIO & CORE
No time for a workout in the evening? Want to get your day off to an energized start? Coffee, Cardio & Core was made for you! Join us for this high energy, early morning class that incorporates interval, circuit and boot camp style classes to strengthen and tone your entire body. Weights, Bosu balls, kettlebells, body bars and your own body weight will be used to give you a full body workout. Warm up and cool down with stretching are part of every class. Then at the end of class enjoy a cup of coffee. No class on December 24th, 26th and 31st.
Instructor: Dixie Divis
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)

YOGA
Join your friends in Yoga class. Yoga benefits are many and include muscle flexibility, joint mobility and stress relief. This class integrates basic Yoga poses. Strengthen and calm the body and mind, release stress, develop flexibility and focus. Bring a sticky mat to class. No class on December 23rd, 25th and January 1st.
Instructor: Laurie McCurry
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)

DANCE JAM
Are you ready to JAM out in this new exciting dance workout class? If so, join us for this cardio workout class with routines to pop, rock, country, international, Latin and hip-hop music that features choreography anyone can do at any level (beginners through advance). So, come have fun and let the music move you. No class on December 23rd, 25th and January 1st.
Instructor: Dee Krier
Enrollment: Min. 10 Max. 25
Fee: $20.00
Fee: $10.00 (January only class)

MINDFUL MEDITATION WITH DO-IN
Do-In exercises (pronounced Doe-een) are exercises for health. These exercises are suitable for older adults and anyone who is dealing with a chronic condition. Do-In exercises stimulate the energy flow along the acupuncture meridians. The focus is on imagery, breathing and relaxation when performing the Do-In exercises. Meditation with Do-In is set up as six 1-hour sessions. They will be held on Tuesdays and Thursdays, from 10-11am, beginning November 5th through November 21st. The class will be held at the Great Bend Activity Center. There is a $10 charge for this workshop that is payable to the Cottonwood Extension District.
Instructors: Dr. John Krug, Retired Chiropractor certified in Acupuncture, & Donna Krug, Cottonwood Extension District Agent
Fee: $10.00 (Cottonwood Extension District)

Happy Healthy Lifestyle

PG20 GBRC INFORMATION 620.793.3755
STAY STRONG, STAY HEALTHY
Stay Strong, Stay Healthy is designed to increase an aging adult’s access to a safe, structured, and effective strength training program. Over 8 weeks, participants learn exercises to improve their strength, flexibility, and balance. During each session, a prescribed set of 8 upper and lower body strengthening exercises are done along with warm-up and cool down stretches. Participants are made to feel comfortable regardless of their current fitness level so they can safely participate and gradually build the strength beneficial to healthy living. Please register and pay the fee at the Cottonwood Extension District Office (1800 12th Street) by Friday, January 10th. A pre-assessment is required to be completed prior to the first day of class. Contact Donna Krug for more information (620-793-1910).
Instructor: Donna Krug, Cottonwood Extension District Agent
Enrollment: Min. 10 Max. 18
Fee: $20.00 (Cottonwood Extension District)
Age: Date: Day: Time: Place:
50 yrs & up 1/14-3/19 TTH 10-11:00am ACTCTR
50 yrs & up 1/14-3/19 TTH 11am-12:00pm ACTCTR

FIND YOUR
CAVANAUGH WELLNESS CENTER @GBREC Center, 1214 Stone Street

HOURS
Monday-Thursday: 7:30 a.m. – 8:00 p.m.
Friday: 7:30 a.m. – 5:00 p.m.
Saturday: 8:00 a.m. – 12:00 noon

RATES
Wellness Center
$5.00 a day – Single
$10.00 a day – Family
$3.50 a day – Senior
Monthly Membership
Single $20.00
Family $50.00
Senior $15.00
Six Month Membership
Single $30.00
Family $80.00
Senior $25.00
Yearly Membership
Single $50.00
Family $120.00
Senior $40.00

Student Membership (valid with student ID)
Monday-Friday: 3:00 p.m. – 5:00 p.m.
Ages 15 -17 during this dedicated time.
Monthly Membership: $10.00
Six Month Membership: $20.00
Yearly Membership: $30.00
Current Morning or Noon Basketball members (18 yrs. & older) can expand their yearly membership to include the Wellness Center.

CHECK WITH GBRC OFFICE
FOR WALKING TIMES AVAILABLE
Seasonal hours annually.
No membership fee required for walking indoors on walking track!
Holiday/Weather Closings:
www.greatbendrec.com or FACEBOOK
GBRC offers programs for developmentally disabled individuals who choose not to participate in the integrated recreation programs. The activities listed below are available to anyone in the community, but are designed to assist people with disabilities. Monthly newsletters are published outlining specific activities, dates, times and fees.

BOWLING
Have fun at the Walnut Bowl with an hour and a half of recreational bowling. No Bowling December 24th or 31st.
Supervisor: Carole Edwardson
Fee: $3.00 per 1 game
$5.50 per 2 games

AGE: Date: Day: Time: Place:
13&up 9/3-12/17 T 4-5:30pm WAL
1/7-28 T 4-5:30pm WAL

CARD GAME NIGHT
Mind Sculpt Games and the Rec are teaming up to offer a learning card game night. An instructor experienced with YuGiOh, Pokemon, and other card games from Mind Sculpt Games will be able to teach the basics of game play and deck building. A learning deck will be provided the first night for registered participants.
Look for more information about this program in the October Special Needs Newsletter.

HALLOWEEN DANCE
Dress up in your favorite costume and dance to the spooky music of Debbie Jones and participate in our annual Halloween costume contest! Prizes awarded to the winners. Pre-enrollment is highly recommended. Pre-enrollment ends October 9th at 5:00pm.
Pre-Enrollment Fee: $5.00 (Pre-enrollment ends 10/9)
Fee: $8.00 (Any enrollments on 10/10-10/11)

AGE: Date: Day: Time: Place:
#304519A Adult 10/11 F 7:30-9pm ACTCTR

KICKBALL
Join us for this 3-week program. We will make new teams each week and enjoy some friendly Kickball competition.
Instructor: Morgan Ward
Enrollment: Min.10 Max. 20
Fee: $10.00

AGE: Date: Day: Time: Place:
#304512A 13&up 10/14-28 M 7:00-8:30pm C/A

ONLINE REGISTRATION AVAILABLE NOW!
www.greatbendrec.com

EASY COOKING – MYSTERY INGREDIENT
Nothing spookier than surprise ingredients! Join us for this basic instruction cooking class. The instructor will provide recipes and participants will make several different items.
Instructor: Debbie Jones
Enrollment: Min. 8 Max. 12
Fee: $7.00

AGE: Date: Day: Time: Place:
#304524A 13&up 10/17 TH 7:30-8:30pm REC

PUMPKIN DECORATING
Get ready to decorate a unique pumpkin just in time to sit on your porch this Halloween.
Instructor: Debbie Jones
Enrollment: Min. 8 Max. 12
Fee: $7.00

AGE: Date: Day: Time: Place:
#304522A 13&up 10/22 T 7:30-8:30pm REC

FALL CANDLE MAKING
The smell of Fall is in the air and we are going to try and replicate it. Join us for this fall candle making class.
Instructor: Morgan Ward
Enrollment: Min. 8 Max. 12
Fee: $7.00

AGE: Date: Day: Time: Place:
#304522B 13&up 10/29 T 7:30-8:30pm REC

THANKSGIVING DANCE
Join us at the Activity Center to celebrate Thanksgiving and enjoy an evening of dancing with the live band, FRELANCE.
Pre-enrollment is highly recommended. Pre-enrollment ends November 6th at 5:00pm.
Pre-Enrollment Fee: $5.00 (Pre-enrollment ends 11/6)
Fee: $8.00 (Any enrollments on 11/7-11/8)

AGE: Date: Day: Time: Place:
#304521A Adult 11/8 F 7:30-9pm ACTCTR

CHRISTMAS SWEATER T-SHIRT
Join us to decorate your own ugly sweater Christmas t-shirt.
Please give t-shirt size with enrollment.
Instructor: Morgan Ward
Enrollment: Min. 8 Max. 12
Fee: $7.00

AGE: Date: Day: Time: Place:
#304522C 13&up 12/17 T 7:30-8:30pm REC

TOWEL TYE DYING
We will be tye dying bath towels during this craft class. Wear clothes that are okay to get messy!
Instructor: Hunter Marcum
Enrollment: Min. 8 Max. 12
Fee: $7.00

AGE: Date: Day: Time: Place:
#304522D 13&up 12/17 T 7:30-8:30pm REC

CHRISTMAS DANCE
Celebrate the Christmas season by dancing to the music of our DJ and receiving a treat bag at the end of the night. Door prizes given out during the evening. This dance is sponsored in part by the Great Bend Knights of Columbus.
Pre-enrollment is highly recommended. Pre-enrollment ends December 11th at 5:00pm.
Pre-Enrollment Fee: FREE (Pre-enrollment ends 12/11)
Fee: $5.00 (Any enrollments on 12/12-12/13)

AGE: Date: Day: Time: Place:
#304516A 13&up 12/13 F 7:00-9pm ACTCTR

CHRISTMAS COOKIE DECORATING
Some would say that cookie decorating is their favorite Christmas tradition. Join us as we decorate Christmas cookies for you to take home and enjoy!
Instructor: Debbie Jones
Enrollment: Min. 8 Max. 12
Fee: $7.00

AGE: Date: Day: Time: Place:
#304524B 13&up 12/19 TH 7:30-8:30pm REC

MINUTE TO WIN IT GAME NIGHT
Join us for a fun night of minute to win it games, friendly competition, and treats! Prizes awarded to the winners.
Instructor: Morgan Ward
Enrollment: Min. 8 Max. 20
Fee: $9.00

AGE: Date: Day: Time: Place:
#304526A 13&up 11/22 F 6:30-8:30pm ACTCTR
FALL MIDDLE SCHOOL DANCE
This dance is open to all Great Bend Middle School students. The dance will be held on Friday, October 4th, from 7:00 – 9:00 pm at the Great Bend Rec Activity Center (2715 18th St.). Entry fee is $5.00 per student. Students need to show GBMS student ID cards when entering dance. The dance will be supervised by staff from the 20th Judicial District Juvenile Services and Great Bend Recreation Commission. Pizza will be available for $1.00 per slice. Popcorn and water will also be provided for no charge. Please give the GBRC a call at 793-3755 ext. 110 if you have any questions.

SNOW SCULPTURES WANTED
Attention snow bunnies: the GBRC would like to share all the hard and creative work you put into your Snow Sculpture on our Facebook page. So simply take a photo of your snow sculpture (no people in the photo) and e-mail it to gfitzpatrick@gbrec.net. Please enter “Snow Sculpture” in the subject line. Then at the end of each month (October – March), we will post the photos we receive that month. The first of April we will randomly pick 3 entries that will receive a winter gift package from the Great Bend Rec.

BUTTERFLY FESTIVAL
The Kansas Wetlands Education Center celebrates the annual Monarch butterfly fall migration with a butterfly festival on Saturday, September 21st, from 9:00 am to noon, where participants immerse themselves in all things butterfly and have the opportunity to capture and tag monarch butterflies. Enjoy the magical antics of “The Instars” magicians, as they present “Butterfly Magic”. At this free event, crafts and activities for kids are planned in addition to an insect zoo, live bee exhibit and door prizes. Light refreshments will be served. Gather information on how to attract butterflies to your yard and composting from the Master Gardeners, view some of the foliage and flowering plants in the KWEC wildflower/butterfly garden and take home a free milkweed plant. Tags and nets will be provided along with instructions on how to tag and record data about captured monarchs. In past years, Monarch butterflies have been recovered at overwintering sites in Central Mexico about 1,125 miles away. For more information, contact the KWEC at 1-877-243-9268.

KANSAS HUNTER EDUCATION COURSE
INTERNET - ASSISTED
This class will be held on Saturday, September 28th, from 8:00 am – 2:00 pm at the Great Bend Police Training Facility (995 K Ave.). Students must pre-register for this course at www.safehunters.com before completing the no-cost on-line course at www.kdwpt.state.ks.us. Students are required to bring their results from the chapter quizzes that they will take off this site. Students must print the “completion certificate” after completing the on-line course work and turn it into the instructor at the start of the Field Day class. The on-line course work could take up to 5 hours or longer to complete depending on the student’s reading comprehension skills. Class is limited to 21 participants at the beginning of class. Students will be tested over the on-line course materials. A pre-test will be administered at the beginning of the Field Day. A passing score of 22 correct answers out of 25 questions is required to proceed with the rest of the course. If a student does not pass this test, they will NOT be allowed to continue the class. For more Hunter Education information, age requirements and other details, go to the Kansas Department of Wildlife, Parks and Tourism at www.kdwpt.state.ks.us.
Instructor: Tim Boxberger
Enrollment: Min. 10 Max. 21
Fee: None
Age: 11 yrs & up 9/28
Day: S
Time: 8am-2pm
Place: GBPTF

WILD ABOUT KANSAS 2019 PHOTO CONTEST
The Kansas Department of Wildlife, Parks and Tourism is proud to announce the 7th annual “Wild About Kansas” photo contest. Designed to showcase Kansas outdoors through the lens of photographers of all skill levels, Wild About Kansas is open both to residents and non-residents of any age. Photos must be the participants original work and must have been taken in the state of Kansas. Photos from participants under the age of 18 will be placed in the youth division. All others will compete in the adult division. The contest is divided into five categories: Wildlife, Outdoor Recreation, Landscapes, Other Species, and Hunting and Fishing. Participants can submit up to three photos total. Photos will be judged on creativity, composition, subject matter, lighting and overall sharpness. Entries must be received by 11:59 p.m. on October 11th, 2019 and an entry form must be submitted for each participant. For more information and entry form, visit ksonoutdoors.com and click “Publications,” then “2019 Wild About Kansas Photo Contest.”

LONGEST TAIL FEATHER CONTEST
Pheasant hunters galore! Bring the tail feather from your prize bird to the GBRC office (1214 Stone St.) to enter it in our Longest Tail Feather Contest. The contest will run through the 2019/20 Pheasant hunting season. All entries must be turned in by Wednesday, February 5th, 2020. The winner will receive a $50.00 Chamber Gift certificate donated by No Limits Kennels, LLC. The winning entry will become property of the GBRC.

KWEC HOLIDAY OPEN HOUSE
Join the staff of the Kansas Wetlands Education Center in celebrating the Christmas season Cheyenne Bottoms style, with a Holiday Open House from 9:00 am to Noon on Saturday, December 7th. Kids can decorate a gingerbread birdhouse, and families will enjoy other festive crafts and activities and gift store promotions. Christmas cookies, breads and warm beverages will be served to jumpstart your Christmas cheer. All events are free and open to the public. However, preregistration for the gingerbread birdhouse activity is required by November 26th. To register and for more information, call 877-243-9268 or visit wetlandcenter.fhsu.edu.

Rotary Club’s Fishing Instead of Wishing!
Check out fishing equipment & tackle at GBRC Office, 1214 Stone Street. Call to reserve equipment 620.793.3755
GBRC Mission Statement
The Great Bend Recreation Commission is a public supported agency serving the citizens of USD#428. We are dedicated to providing quality leisure, cultural, sports, fitness and educational programs to improve your quality of life and the community.

COMMISSIONERS
Bruce Hofeling
Pollie Unruh
James Newman
Dr. Teri Turkle Huslig
Andrea Bauer

ADMINISTRATION
Diann Henderson, Executive Director & Superintendent
Megan Hammeke, Enrichment & Aquatics Director
Garet Fitzpatrick, Enrichment & Activity Center Director
Chris Umphres, Asst. Superintendent

RECREATION STAFF
Paul Zamarripa, Asst. Sports Director
Vandy Simpson, Office Clerk/Office Manager
LeaAnn Leroy, Enrollment/Customer Service Specialist
Jerry Richards, Maintenance & Custodian

Recreation & Parks are wondrous places to PLAY, LEARN and EXPLORE. Peaceful retreats from the pace and pressures of everyday life, they bring us family gatherings, ball games, wellness programs, afterschool programs, long walks and wildlife waiting to be discovered. To ensure our recreation programs, recreation centers, and public outdoor spaces inspire generations to come, we need your help.

Learn more about how you can support our local Recreation Commission, call 620.793.3755.

TOGETHER ... we make memories!

DONATE now at: Great Bend Recreation Commission Foundation 620.793.3755 501C (3) Non-Profit Organization
James Newman, President

September
7 - Pontiac Uprising @ Dragstrip
19-22 - NHRA Lucas Oil Race Series
27-28 SRCA Drag Racing
28 - Long Pumpkin Patch Opens (weekends)
*Summer Street Stroll Ends

October
2 - Hahn Brothers Shootout (moved from September)
5 - Rosewood Rodeo
5 - F&E Auto Auction
11-12 - SRCA Drag Racing
18-20 - Rock-N-Q on the Planes at Expo
25-26 - SRCA Drag Racing
26 - Zoo Boo & Downtown Parade
27 - Long Pumpkin Patch Closes

November
2 - Explore GB Month: Grow Great Bend
9 - Explore GB Month: Open Houses
16 - Explore GB Month: Find A Turkey
23 - Explore GB Month: Share Your Favs
29 - Explore GB Month: Black Friday
30 - Home for the Holidays Festival & Parade
  - Cookie Contest
  - Small Business Saturday
  - Explore Great Bend Month Winner Chosen
    - Santa’s Around the World Opens & Santa Comes to Town
    - Trail of Lights Begins

December
1 - Hometown Rewards Starts
2- Santa’s Workshop- City Auditorium
22 - Last Day for Santas Around the World
22 - Santa leaves for the North Pole
29 - Last Day for Ice Skating
31 - Trail of Lights End
RECREATION & Parks. . Keeping Great Bend Active!

MAKE CHECKS PAYABLE TO: Great Bend Recreation Commission
RETURN COMPLETED FORM TO: Great Bend Recreation Commission
P.O. Box 353
Great Bend, KS 67530

Note: On telephone or fax registrations - there is a $1.00 handling fee when GBRC mails back receipts, consent forms, uniform agreements, etc.

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<th>CODE #</th>
<th>CLASS ACTIVITY</th>
<th>DAY/TIME</th>
<th>FEE</th>
<th>PARTICIPANT NAME(S)</th>
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TOTAL $

GBRC is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Please check YES or NO if accommodations are needed.  YES  NO  Allow three weeks advance notice of the program. Please indicate what accommodations are needed?

DO YOU KNOW OF SOMEONE WILLING TO COACH A TEAM OR ASSIST? (List Address and Telephone Number)

Is your child taking any medications that our staff needs to be aware of? If so, what kind of medication?

Transportation Requests: In order to accommodate your transportation request, a transportation form must be completed and returned to the Recreation Commission office prior to the deadline of the regular registration period. Accomodations are not guaranteed. Requests will not involve more than two families. Both parties must complete the Transportation Request Form to be considered.

SIGNATURE REQUIRED:

(If under 18 years, must be signed by parent/legal guardian)  (E-Mail Address)

WAIVER & CONSENT STATEMENT: I, the above person, states that he/she understands that the Great Bend Recreation Commission is not and shall not be responsible for, or liable for any illness, injury to any person or damage to property resulting from the program in which the above is enrolled or from his/her participating in said program, and the employees, agents, and representatives from any and all claims of any kind that the participant, or the undersigned, or their respective heirs, executors, administrators, or assigns may have or claim to have resulting from participation in said programs. I hereby consent to my child enrolling and participating in the above GBRC youth program(s). I also assume all physical risks and hazards involved in the conduct of the program and hereby release, indemnify and hold harmless GBRC, the City of Great Bend, USD #428, its officials, officers and employees and/or any civic or private organization appointed by it from any liability as a result of any accident which may occur in conjunction with said participation and result in bodily injury to child or person. Also, the above waives any and all claims that he/she or his/her heirs, executors, administrators or assigns may have claim to have resulting from a photography, video or reproductions there of said person while participating in GBRC programs. Accident insurance is not provided by GBRC. I authorize and consent that GBRC may release telephone and address information of enrolled participant(s) to volunteer coaches, associated agencies and GBRC staff members.

I HAVE READ & UNDERSTAND THE REGISTRATION FORM, CANCELLATIONS AND WAIVER STATEMENTS.

(Head of Household Name:  Last,    First )  (Home Phone)    (Work/ Cellular/Emergency Phone)

(Address)     (City)   (State)  (Zip)
Scholarships  Residents of USD#428 school district meeting certain guidelines maybe eligible for scholarship assistance for their children ages 18 and younger. If approved, scholarship funds cover 50% of the program fee and applicants are asked to pay the remaining balance. Some activities are exempt from the scholarship program.

Application forms must be submitted 5 business days prior to registering at GBRec Office. Recipients must attend 75% of activity.

Registrations & Cancellations  We ask you to register at least (4) four business days prior to start dates to prevent cancellations due to low enrollment. Fees are due at the time of registration. We reserve the right to cancel, combine, or divide activities based upon enrollment. Information is subject to change regarding times, dates, locations and instructors. Check our website & Facebook for updates.

Refunds  Refund requests must be made 24 hours prior to the scheduled starting date of the activity. Refunds not granted after that time. No pro-rated refunds. There is a $5.00 service charge on all refunds. T-shirts cost will be reduced from the activity fee if applicable. No refunds on Wellness memberships, and trips. Team fees refunds will be allowed if request is made prior to the registration deadline.

Wait List  If class or team has met its maximum enrollment, patrons have the option to add a name to the wait list. Should a spot open, staff will contact those on the wait list. Patrons cannot be enrolled in a program and be on a waitlist for another session of the same program.

Photography/Video  Great Bend Rec reserves the right to use all photographs and video of participants for promotional purposes, including print, digital, and social media promotions.

Lost & Found  Items of value are kept for one (1) month and then donated to a local, non-profit agency. Water bottles are not kept.

Class Attendance  Sorry, children are not allowed to attend classes with their parents. Siblings of class participants are not permitted in teaching areas.

For Your Convenience  We accept Visa, Mastercard, Discover

Fall Registration Begins  Monday, Sept. 16, 2019 at the GreatBend Rec Office located at 1214 Stone Street.

Hours: 8:30am to 5:00 pm Monday-Friday
FIND YOUR ADVENTURE THIS FALL!

LEARN

PLAY

ACTIVE

TOURNAMENTS

EXPLORE GREATBENDREC